

**CURRICULA VITAE**

*ADELENE ANN GROBLER*

*2009*

NAME	Prof Adelene Ann Grobler (Née Krüger)		
EDUCATIONAL BACKGROUND	1994	Ph. D (Child Psychology and related fields)	UFS
	1983	M.A. (Counselling Psychology) (Cum Laude)	UFS
	1981	B.A. Hons. (Psychology)	UFS
	1980	B.A.	UFS
	1977	Matriculated	Kroonstad High School

CURRENT POSITION      Director: Unit for Professional Training and Services in the Behavioural Sciences (UNIBS)  
University of the Free State

TEACHING EXPERIENCE	Ph.D	<ul style="list-style-type: none"> <li>• Theoretical Integration</li> <li>• Programme Development</li> <li>• Adolescent Counselling</li> </ul>
	Master's	<ul style="list-style-type: none"> <li>• Adolescent Practice Development and Supervision</li> <li>• Programme Development and Community Psychology</li> <li>• Programme Development (Faculty of Theology)</li> <li>• Psychometric Assessment</li> </ul>
	Honours	<ul style="list-style-type: none"> <li>• Therapeutic Psychology</li> <li>• Counselling, Clinical and Educational Psychology</li> <li>• Counselling and Community Psychology</li> </ul>
	Undergraduate	<ul style="list-style-type: none"> <li>• Introduction to Psychology (Career Preparation Programme)</li> <li>• Research Methodology (2<sup>nd</sup> and 3<sup>rd</sup> year levels)</li> </ul>

RESEARCH SUPERVISION	DOCTORAL	Completed: 2 Current: 7
	MASTER'S	Completed: 32 Current: 1

WORK EXPERIENCE	1983	<ul style="list-style-type: none"> <li>• Intern Psychologist</li> </ul>
	1984 - 1993	<ul style="list-style-type: none"> <li>• Full-time private practice</li> <li>• Consultancy</li> </ul>
	1994 – 2006	<ul style="list-style-type: none"> <li>• Lecturer/ Senior lecturer: Department of Psychology, UFS</li> <li>• Limited private practice</li> <li>• Consultancy</li> </ul>
	2007 -	<ul style="list-style-type: none"> <li>• Director: Unit for Professional Training and Services in the Behavioural Sciences (UNIBS) University of the Free State</li> </ul>
PROFESSIONAL MEMBERSHIPS	1984 -	<ul style="list-style-type: none"> <li>• SA Institute for Counselling Psychology (Secretary of the Executive Committee – 1989 – 1990)</li> <li>• PsySSA (Psychology Association)</li> <li>• Health Professions Council of SA</li> </ul>
CONFERENCES ATTENDED	1990	PASA Congress: Port Elizabeth
	1996	First International Creativity Congress: Bloemfontein
	1997	3 <sup>rd</sup> PsySSA Congress: Durban
	1999	PsySSA and IUPsyS Congress: Durban
	2004	Innovation Congress: Bloemfontein
	2009	15 <sup>th</sup> PsySSA Congress: Cape Town
PAPERS PRESENTED	1996	<ul style="list-style-type: none"> <li>• <i>Stress Management</i>: International Law Conference: Bloemfontein</li> <li>• <i>Stress Management</i>: Law Society of the Free State: Welkom</li> </ul>
	1997	<ul style="list-style-type: none"> <li>• <i>Experiential learning in a transcultural Free State community setting</i>: 3<sup>rd</sup> PsySSA Congress: Durban</li> <li>• <i>Counselling the resistant adolescent</i>: Private Schools Chaplain's Conference:</li> </ul>

Bloemfontein

- 1998 • *The effect of divorce on children:* Private Schools Chaplain's Conference: Bloemfontein
- 1999 • *Phelophepa: Training and learning perspectives:* PsySSA and IUPsyS Congress: Durban
- *Psychofortigenesis:* South African Principals' Congress: Bloemfontein
- 2000 • *Study skills workshop:* Free State Education Department: Bloemfontein
- *Psychofortigenesis:* Aurora Alcohol and Drug Rehabilitation Centre: Bloemfontein

## PUBLICATIONS

Non-accredited

- Workbook: A learning development programme for adolescents
- Trainer's Manual: A learning development programme for adolescents

Accredited

- Strydom, F., Heyns, P.M., & Grobler, A.A. Levelling the playing field in resource-based learning programmes. *South African Journal of Higher Education* 1999; 13(1):234-244.
- Grobler, A.C., Grobler, A.A., & Esterhuyse, K.G.F. Some predictors of mathematics achievement. *South African Journal of Psychology* 2002; 12(1): 19-39
- Kritzas, N., & Grobler, A.A. The relationship between perceived parenting styles and resilience in adolescence. *Journal of Child and Adolescent Mental Health* 2005; 17(1): 1-12
- Van Staden, A., & Grobler, A.A. Die verband tussen deelname aan ekstrakurrikulêre aktiwiteite en psigiese welstand tydens adolessensie. *Suid-Afrikaanse Tydskrif vir Navorsing in Sport, Liggaamlike Opvoeding en Ontspanning* 2006; 28(1): 151-168

- Moodaley, R.R., Grobler, A.A., & Lens, W. Study orientation and causal attribution in mathematics achievement. *South African Journal of Psychology* 2006; 36(3): 634 - 655
- Greeff, P., & Grobler, A.A. The nature and prevalence of bullying during the intermediate school phase. *Childhood* 2008; 15(1): 127-144
- Jansen van Rensburg, M.P., Grobler, A.A., & Viljoen, M. The relationship between emotional intelligence and music performance anxiety: An empirical study. *Musicus* 2007; 35(1): 56
- Jansen van Rensburg, M.P., Grobler, A.A., & Viljoen, M. Critical perspectives on emotional intelligence and music performance anxiety. *Musicus* 2007; 35(1): 34

Research Reports

- Erasmus, M., Grobler, A.A., & Lens, W. Time perspective, risky sexual behaviour, and HIV/Aids among university students in South Africa: A correlational study. *Research Centre for Motivation and Time Perspective, University of Leuven, Belgium* 2006; 148
- Van der Linde, L-A., Grobler, A.A., & Lens, W. The role of culture, gender and school environment in the motivational aspirations and scholastic achievement of Grade 11 and 12 learners. *Research Centre for Motivation and Time Perspective, University of Leuven, Belgium* 2006; 149

INTERNATIONAL  
COLLABORATION

Belgium:  
Katholieke  
Universiteit  
van Leuven

Joint international research project established in 2005. Longitudinal research project to be conducted over a three year period. Collaboration between UFS, KU

Leuven and Peru

Mailman  
School of  
Public Health  
Columbia  
University

Developing Families Project – South Africa

## CONSULTING

- Irish Republic: Lesotho
- Central Bank of Lesotho
- Cancer Association of South Africa
- South African Pharmacy Council
- South African Breweries
- FS Department of Education
- Discovery Health
- Quintiles
- BSG: Financial Advisors
- FS Department of Labour

## PROFESSIONAL GROWTH ACTIVITIES

- Peer reviews for accredited journals
- Examined undergraduate examination scripts and postgraduate dissertations at other institutions in SA (Walter Sisulu University, UDW, UNW, US, NMMU, UP, UJ, Fort Hare)
- Presented and attended various Continued Professional Development activities to ensure annual registration with the HPCSA as a counselling psychologist