**CURRICULA VITAE**

**ADELENE ANN GROBLER**

**2009**

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| NAME | Prof Adelene Ann Grobler (Née Krüger) | | | | |
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| EDUCATIONAL  BACKGROUND | 1994 | Ph. D (Child Psychology and related fields) | | UFS |
|  | 1983 | M.A. (Counselling Psychology) (Cum Laude) | | UFS |
|  | 1981 | B.A. Hons. (Psychology) | | UFS |
|  | 1980 | B.A. | | UFS |
|  | 1977 | Matriculated | | Kroonstad High School |
| CURRENT POSITION | Director: Unit for Professional Training and Services in the Behavioural Sciences (UNIBS)  University of the Free State | | | | |
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| TEACHING EXPERIENCE | Ph.D  Master’s  Honours |  | * Theoretical Integration * Programme Development * Adolescent Counselling * Adolescent Practice Development and Supervision * Programme Development and Community Psychology * Programme Development (Faculty of Theology) * Psychometric Assessment * Therapeutic Psychology * Counselling, Clinical and Educational Psychology * Counselling and Community Psychology | | |
|  | Undergraduate |  | * Introduction to Psychology (Career Preparation Programme) * Research Methodology (2nd and 3rd year levels) | | |
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| RESEARCH SUPERVISION | DOCTORAL |  | Completed: 2  Current: 7 | | |
|  | MASTER’S |  | Completed: 32  Current: 1 | | |
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| WORK EXPERIENCE | 1983 | * Intern Psychologist | | | |
|  | 1984 - 1993 | * Full-time private practice * Consultancy | | | |
|  | 1994 – 2006  2007 - | * Lecturer/ Senior lecturer: Department of Psychology, UFS * Limited private practice * Consultancy * Director: Unit for Professional Training and Services in the Behavioural Sciences (UNIBS)   University of the Free State | | | |
| PROFESSIONAL MEMBERSHIPS | 1984 - | * SA Institute for Counselling Psychology (Secretary of the Executive Committee – 1989 – 1990) * PsySSA (Psychology Association) * Health Professions Council of SA | | | |
| CONFERENCES ATTENDED | 1990 | PASA Congress: Port Elizabeth | | | |
|  | 1996 | First International Creativity Congress: Bloemfontein | | | |
|  | 1997 | 3rd PsySSA Congress: Durban | | | |
|  | 1999 | PsySSA and IUPsyS Congress: Durban | | | |
|  | 2004  2009 | Innovation Congress: Bloemfontein  15th PsySSA Congress: Cape Town | | | |
| PAPERS PRESENTED | 1996 | * *Stress Management*: International Law Conference: Bloemfontein * *Stress Management*: Law Society of the Free State: Welkom | | | |
|  | 1997 | * *Experiential learning in a transcultural Free State community setting*: 3rd PsySSA Congress: Durban * *Counselling the resistant adolescent:* Private Schools Chaplain’s Conference: Bloemfontein | | | |
|  | 1998 | * *The effect of divorce on children:* Private Schools Chaplain’s Conference: Bloemfontein | | | |
|  | 1999 | * *Phelophepa: Training and learning perspectives:* PsySSA and IUPsyS Congress: Durban * *Psychofortigenesis:* South African Principals’ Congress: Bloemfontein | | | |
|  | 2000 | * *Study skills workshop:* Free State Education Department: Bloemfontein * *Psychofortigenesis:* Aurora Alcohol and Drug Rehabilitation Centre: Bloemfontein | | | |
| PUBLICATIONS | Non-accredited  Accredited  Research Reports | * Workbook: A learning development programme for adolescents * Trainer’s Manual: A learning development programme for adolescents * Strydom, F., Heyns, P.M., & Grobler, A.A. Levelling the playing field in resource-based learning programmes. *South African Journal of Higher Education* 1999; 13(1):234-244. * Grobler, A.C., Grobler, A.A., & Esterhuyse, K.G.F. Some predictors of mathematics achievement. *South African Journal of Psychology* 2002; 12(1): 19-39 * Kritzas, N., & Grobler, A.A. The relationship between perceived parenting styles and resilience in adolescence. *Journal of Child and Adolescent Mental Health* 2005; 17(1): 1-12 * Van Staden, A., & Grobler, A.A. Die verband tussen deelname aan ekstrakurrikulêre aktiwiteite en psigiese welstand tydens adolessensie. *Suid-Afrikaanse Tydskrif vir Navorsing in Sport , Liggaamlike Opvoeding en Ontspanning* 2006; 28(1): 151-168 * Moodaley, R.R., Grobler, A.A., & Lens, W. Study orientation and causal attribution in mathematics achievement. *South African Journal of Psychology* 2006; 36(3): 634 - 655 * Greeff, P., & Grobler, A.A. The nature and prevalence of bullying during the intermediate school phase. *Childhood* 2008; 15(1): 127-144 * Jansen van Rensburg, M.P., Grobler, A.A., & Viljoen, M. The relationship between emotional intelligence and music performance anxiety: An empirical study. *Musicus* 2007; 35(1): 56 * Jansen van Rensburg, M.P., Grobler, A.A., & Viljoen, M. Critical perspectives on emotional intelligence and music performance anxiety. *Musicus* 2007; 35(1): 34 * Erasmus, M., Grobler, A.A., & Lens, W. Time perspective, risky sexual behaviour, and HIV/Aids among university students in South Africa: A correlational study. *Research Centre for Motivation and Time Perspective, University of Leuven, Belgium* 2006; 148 * Van der Linde, L-A., Grobler, A.A., & Lens, W. The role of culture, gender and school environment in the motivational aspirations and scholastic achievement of Grade 11 and 12 learners. *Research Centre for Motivation and Time Perspective, University of Leuven, Belgium* 2006; 149 | | | |
| INTERNATIONAL COLLABORATION | Belgium:  Katholieke Universiteit van Leuven  Mailman School of Public Health  Columbia University | Joint international research project established in 2005. Longitudinal research project to be conducted over a three year period. Collaboration between UFS, KU Leuven and Peru  Developing Families Project – South Africa | | | |
| CONSULTING |  | * Irish Republic: Lesotho * Central Bank of Lesotho * Cancer Association of South Africa * South African Pharmacy Council * South African Breweries * FS Department of Education * Discovery Health * Quintiles * BSG: Financial Advisors * FS Department of Labour | | | |
| PROFESSIONAL GROWTH ACTIVITIES |  | * Peer reviews for accredited journals * Examined undergraduate examination scripts and postgraduate dissertations at other institutions in SA (Walter Sisulu University, UDW, UNW, US, NMMU, UP, UJ, Fort Hare) * Presented and attended various Continued Professional Development activities to ensure annual registration with the HPCSA as a counselling psychologist | | | |