**CURRICULA VITAE**

**ADELENE ANN GROBLER**

**2009**

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| NAME | Prof Adelene Ann Grobler (Née Krüger) |
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| EDUCATIONAL BACKGROUND | 1994 | Ph. D (Child Psychology and related fields) | UFS |
|  | 1983 | M.A. (Counselling Psychology) (Cum Laude) | UFS |
|  | 1981 | B.A. Hons. (Psychology) | UFS |
|  | 1980 | B.A. | UFS |
|  | 1977 | Matriculated | Kroonstad High School |
| CURRENT POSITION | Director: Unit for Professional Training and Services in the Behavioural Sciences (UNIBS)University of the Free State |
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| TEACHING EXPERIENCE | Ph.DMaster’sHonours |  | * Theoretical Integration
* Programme Development
* Adolescent Counselling
* Adolescent Practice Development and Supervision
* Programme Development and Community Psychology
* Programme Development (Faculty of Theology)
* Psychometric Assessment
* Therapeutic Psychology
* Counselling, Clinical and Educational Psychology
* Counselling and Community Psychology
 |
|  | Undergraduate |  | * Introduction to Psychology (Career Preparation Programme)
* Research Methodology (2nd and 3rd year levels)
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| RESEARCH SUPERVISION | DOCTORAL |  | Completed: 2Current: 7 |
|  | MASTER’S |  | Completed: 32Current: 1 |
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| WORK EXPERIENCE | 1983 | * Intern Psychologist
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|  | 1984 - 1993 | * Full-time private practice
* Consultancy
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|  | 1994 – 20062007 -  | * Lecturer/ Senior lecturer: Department of Psychology, UFS
* Limited private practice
* Consultancy
* Director: Unit for Professional Training and Services in the Behavioural Sciences (UNIBS)

University of the Free State |
| PROFESSIONAL MEMBERSHIPS | 1984 - | * SA Institute for Counselling Psychology (Secretary of the Executive Committee – 1989 – 1990)
* PsySSA (Psychology Association)
* Health Professions Council of SA
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| CONFERENCES ATTENDED | 1990 | PASA Congress: Port Elizabeth |
|  | 1996 | First International Creativity Congress: Bloemfontein |
|  | 1997 | 3rd PsySSA Congress: Durban |
|  | 1999 | PsySSA and IUPsyS Congress: Durban |
|  | 20042009 | Innovation Congress: Bloemfontein15th PsySSA Congress: Cape Town |
| PAPERS PRESENTED | 1996 | * *Stress Management*: International Law Conference: Bloemfontein
* *Stress Management*: Law Society of the Free State: Welkom
 |
|  | 1997 | * *Experiential learning in a transcultural Free State community setting*: 3rd PsySSA Congress: Durban
* *Counselling the resistant adolescent:* Private Schools Chaplain’s Conference: Bloemfontein
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|  | 1998 | * *The effect of divorce on children:* Private Schools Chaplain’s Conference: Bloemfontein
 |
|  | 1999 | * *Phelophepa: Training and learning perspectives:* PsySSA and IUPsyS Congress: Durban
* *Psychofortigenesis:* South African Principals’ Congress: Bloemfontein
 |
|  | 2000 | * *Study skills workshop:* Free State Education Department: Bloemfontein
* *Psychofortigenesis:* Aurora Alcohol and Drug Rehabilitation Centre: Bloemfontein
 |
| PUBLICATIONS | Non-accreditedAccreditedResearch Reports | * Workbook: A learning development programme for adolescents
* Trainer’s Manual: A learning development programme for adolescents
* Strydom, F., Heyns, P.M., & Grobler, A.A. Levelling the playing field in resource-based learning programmes. *South African Journal of Higher Education* 1999; 13(1):234-244.
* Grobler, A.C., Grobler, A.A., & Esterhuyse, K.G.F. Some predictors of mathematics achievement. *South African Journal of Psychology* 2002; 12(1): 19-39
* Kritzas, N., & Grobler, A.A. The relationship between perceived parenting styles and resilience in adolescence. *Journal of Child and Adolescent Mental Health* 2005; 17(1): 1-12
* Van Staden, A., & Grobler, A.A. Die verband tussen deelname aan ekstrakurrikulêre aktiwiteite en psigiese welstand tydens adolessensie. *Suid-Afrikaanse Tydskrif vir Navorsing in Sport , Liggaamlike Opvoeding en Ontspanning* 2006; 28(1): 151-168
* Moodaley, R.R., Grobler, A.A., & Lens, W. Study orientation and causal attribution in mathematics achievement. *South African Journal of Psychology* 2006; 36(3): 634 - 655
* Greeff, P., & Grobler, A.A. The nature and prevalence of bullying during the intermediate school phase. *Childhood* 2008; 15(1): 127-144
* Jansen van Rensburg, M.P., Grobler, A.A., & Viljoen, M. The relationship between emotional intelligence and music performance anxiety: An empirical study. *Musicus* 2007; 35(1): 56
* Jansen van Rensburg, M.P., Grobler, A.A., & Viljoen, M. Critical perspectives on emotional intelligence and music performance anxiety. *Musicus* 2007; 35(1): 34
* Erasmus, M., Grobler, A.A., & Lens, W. Time perspective, risky sexual behaviour, and HIV/Aids among university students in South Africa: A correlational study. *Research Centre for Motivation and Time Perspective, University of Leuven, Belgium* 2006; 148
* Van der Linde, L-A., Grobler, A.A., & Lens, W. The role of culture, gender and school environment in the motivational aspirations and scholastic achievement of Grade 11 and 12 learners. *Research Centre for Motivation and Time Perspective, University of Leuven, Belgium* 2006; 149
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| INTERNATIONAL COLLABORATION  | Belgium:Katholieke Universiteit van LeuvenMailman School of Public HealthColumbia University | Joint international research project established in 2005. Longitudinal research project to be conducted over a three year period. Collaboration between UFS, KU Leuven and PeruDeveloping Families Project – South Africa |
| CONSULTING |  | * Irish Republic: Lesotho
* Central Bank of Lesotho
* Cancer Association of South Africa
* South African Pharmacy Council
* South African Breweries
* FS Department of Education
* Discovery Health
* Quintiles
* BSG: Financial Advisors
* FS Department of Labour
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| PROFESSIONAL GROWTH ACTIVITIES |  | * Peer reviews for accredited journals
* Examined undergraduate examination scripts and postgraduate dissertations at other institutions in SA (Walter Sisulu University, UDW, UNW, US, NMMU, UP, UJ, Fort Hare)
* Presented and attended various Continued Professional Development activities to ensure annual registration with the HPCSA as a counselling psychologist
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