

## **Curriculum Vitae - Lindi Nel**

<b>POSTAL ADDRESS</b>	PO Box 37757 Langenhoven Park Bloemfontein 9301
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### **1. PERSONAL DATA**

<b>SURNAME</b>	Nel
<b>FIRST NAME</b>	Lindi
<b>GENDER</b>	Female
<b>NATIONALITY</b>	South African
<b>MARITAL STATUS &amp; DEPENDANTS</b>	Single & None
<b>LANGUAGE PROFICIENCY</b>	English - Fluent Afrikaans - Fluent
<b>DRIVER'S LICENSE</b>	Code 08 (valid; unendorsed)
<b>HEALTH</b>	Good

### **2. ACADEMIC QUALIFICATIONS**

<b>HIGHER EDUCATION</b>	<b>INSTITUTION</b>	<b>YEAR OBTAINED</b>	<b>ACHIEVED</b>
Degree (1) BA Psychology	North West University Potchefstroom South Africa	2001	Cum Laude Academic Bursary
Degree (2) Hons BA – Psychology	North West University Potchefstroom South Africa	2002	Cum Laude Academic Bursary

Degree (3) MA Clinical & Counseling	North West University Potchefstroom South Africa	2004	Cum Laude Academic Bursary
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**DISSERTATION:** MA Clinical & Counseling

*Title: Asperger Disorder and the Tomatis Method: a case-study*

Supervisor: Dr DK Kirsten

Co-supervisor: Professor WF van Jaarsveld

CURRENT STUDIES	INSTITUTION	DATE OF REGISTRATION
Degree (4) PhD Psychology	University of the Free State Bloemfontein South Africa	August 2009

**Title: The psychofortological experiences of magister students in professional psychology programmes: An interpretative phenomenological analysis.**

Supervisor: Professor P Fouche

Co-supervisor: Professor R van Niekerk

### **3. PREVIOUS EMPLOYMENT EXPERIENCE**

POSITION	INSTITUTION	YEAR
Intern Clinical Psychologist	Witrans Psychiatric Hospital, Potchefstroom, South Africa	Jan 2004 – July 2004
Intern Clinical Psychologist	Institute for Counseling and Psychotherapy. North West University, Potchefstroom South Africa	July 2004 – Dec 2004

<b>Employee Assistant (Part time)</b>	Department of Health, North West Province	June 2005-Dec 2005
<b>Research Assistant (Part time)</b>	North West University, Potchefstroom South Africa	2005
<b>Community Clinical Psychologist</b>	Witrand Psychiatric Hospital, Potchefstroom, South Africa	2005
<b>Junior Lecturer Contract Position</b>	Psychology Department University of the Free State Bloemfontein South Africa	Jan 2006 – April 2007

#### **4. CURRENT EMPLOYMENT**

<b>POSITION</b>	<b>INSTITUTION</b>	<b>YEAR</b>	<b>MAIN FUNCTIONS</b>
Lecturer Permanent Position	Psychology Department University of the Free State Bloemfontein South Africa	<b>April 2009 -</b>	Undergraduate & Postgraduate Teaching (Honors and Masters) Supervision (Clinical Work) Administrative Tasks Research projects Evaluation and supervision of research projects Co-ordination of psychometry office

#### **5. RESEARCH EXPERIENCE**

<b>RESEARCH INTERETS</b>	<p>Positive Psychology (Coping and Well-Being)</p> <p>Teaching of Psychology</p> <p>Student Development</p> <p>Professional Development</p> <p>Psychotherapeutic Interventions</p>
<b>PROJECTS</b>	<p>Unpublished Research Report: 2008</p> <p>Title: <i>Report on the evaluation of the Orientation programme for 1st year and senior students. Accepted by the University of the Free State: Student Development.</i></p> <p>Unpublished Research Report: 2009</p> <p>Title: <i>Report on the evaluation of the Orientation programme for 1st year and senior students. Accepted by the University of the Free State: Student Development</i></p> <p>Unpublished Research Report: 2007 (in co-operation with Mrs Malefane-Tadi)</p> <p>Title: <i>Cultural diversity: Practical problems faced. Hoërskool Hopetown.</i></p> <p>Multi-disciplinary Project 2009</p> <p>Title: <i>Die psigologiese ervarings van fisioterapiestudente aan die Universiteit van die Vrystaat tydens kliniese blootstelling.</i></p>
<b>SUPERVISION</b>	<p>Co-supervision 2008: Mrs I de Vries:</p> <p>Title: <i>Coping responses as predictors of satisfaction with</i></p>

	<p><i>life amongst a group of patients diagnosed with type II Diabetes Mellitus.</i></p> <p>Co-supervision 2009: Mrs M van Rooyen: Title: <i>The role of cognitive style in stress and coping amongst black adolescents.</i></p>
<b>EVALUATION AS EXTERNAL EXAMINER</b>	<p>Candidate: Mnr WD van der Spuy Title: <i>‘n Ondersoek na die toepassing van die Schoeman model in terapie met serebraal gestremde kinders</i> Degree: M DIAC (Spelterapie)</p> <p>Candidate: AJ Combrinck Title: <i>Exploring Drive for Muscularity in a group of South Africa Male University Students</i> Degree: MA Psychology (Applied)</p> <p>Candidate: M du Plessis Title: <i>Differences in mindfulness, self-compassion and – forgiveness in university females with and without body-dissatisfaction.</i> Degree: MA Psychology (Applied)</p> <p>Candidate: O Gerber Title: <i>Die persepsie en belewenis van emosionele selfregulering by ‘n groep laatadolessente</i> Degree: MA Psychology (Research)</p> <p>Candidate: C van der Walt Title: <i>Validation of a coping scale in an African context</i> Degree: MA Psychology (Applied)</p>

	<p>Candidate: R van Aardt</p> <p>Title: <i>The perception, experience and application of intuition in self-regulated decision making</i></p> <p>Degree: MA Psychology (Applied)</p>
	<p>Candidate: D Botes</p> <p>Title: <i>The experience of having a Sibling with an Autistic Spectrum Disorder</i></p> <p>Degree: MA Psychology (Applied)</p>

**6. ATTENDANCE WORKSHOPS/CONFERENCES/SYMPOSIA (only most recent )**

YEAR ATTENDED	TOPIC
<b>2007</b>	<ol style="list-style-type: none"> <li>1. Computerised Testing, University of the Free State.</li> <li>2. Burnout, University of the Free State: Staff Development</li> <li>3. Psychodrama, University of the Free State: Drama Department</li> <li>4. Portfolios in Teaching, University of the Free State</li> <li>5. Reflective Teaching</li> <li>6. Positive Psychology Conference</li> </ol>
<b>2008</b>	<ol style="list-style-type: none"> <li>1. CPD Workshop: Teenage Suicide, Bloemfontein</li> </ol>
<b>2009</b>	<ol style="list-style-type: none"> <li>2. Ethics workshop for allied health professions, Bloemfontein</li> <li>3. Qualitative Research, Stellenbosch</li> </ol>

**7. PRESENTATIONS DELIVERED:**

YEAR	PRESENTATION	AUDIENCE
2005	Effective communication Anger management Living a healthy lifestyle Conflict management	Employee assistant programmes North West Province, Department of Health, South Africa
2005	Linking pharmacology and psychotherapy	Witrand Psychiatric Hospital medical staff, Potchefstroom
2006	Motivation in the teaching profession	Bloemfontein Primary School teachers
2006	Emotional effect of chronic diseases	Medi Clinic: Nursing Students
2007	Creativity	University of the Free State; Department of Human Nutrition; Symposium: Cheque for success
2008	What if my red is your yellow?	British American Tobacco Company: International Conference
2008	The role of Psychotherapy	Boehringer Ingelheim Pharmaceutical Company, Free State Conference
2008	Cognitive Behavior Therapy	University of the Free State Staff Development
2009	Extended curriculum: Challenges faced. (Team presentations) 1 <sup>st</sup> prize winners	Faculty Forum Humanities University of the Free State

## 8. PERSONAL SKILLS

Excellent communications skills and verbal fluency

Excellent organizing skills

Ability to motivate others through a positive attitude and with leadership skills

## 9. MEMBERSHIPS:

- Health Professional Council of South Africa (*Professional Registration: Psychologist in Private Practice; Clinical*) PS 0090174
- Board of Healthcare Funders (*Registered Practice*)
- Diabetes South Africa

***Written references are available on request.***

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