

dumeia



September 2010

Amptelike nuusblad van die personeel van die UV • Official newsletter of the staff of the UFS

DINAB belangrik om UV se ideale te verwesenlik

'n Nuwe direktoraat, die Direktoraat vir Institusionele Navorsing en Akademiese Beplanning, of in kort DINAB, het in Augustus 2010 by ons universiteit tot stand gekom om die UV se ideale en uitdagings vir die toekoms te help bereik en volgehoue akademiese innovering en effektiwiteit te bevorder.

DINAB is moontlik 'n eerste in sy soort by 'n akademiese instelling in Suid-Afrika, het prof. Driekie Hay, Viserekotor: Onderrig en Leer, aan wie die direktoraat rapporteer, by die bekendstelling daarvan gesê.

DINAB vervang die ou Beplanningseenheid en bestaan uit vyf subdirektorate, wat elk op 'n spesifieke terrein fokus, maar ook nou met mekaar skakel.

Dr. Louis van der Westhuizen, die waarnemende Direkteur van DINAB, sê die herstrukturering van die ou Beplanningseenheid was genoodsaak om aan UV-prioriteite aandag te gee en aan eksterne vereistes te voldoen. Dit is verder 'n daadwerklike poging om die strategiese en akademiese beplanning, bestuursinligting, institusionele navorsing en gehalteversekering op 'n geïntegreerde en gestruktureerde wyse meer vaartbelyn te maak.

Hy sê 'n institusionele navorsings- en beplanningstruktuur moet sensitief wees en reageer op veranderinge in die hoëonderwysomgewing en die prioriteit van ons universiteit. Dit moet ook proaktief wees ten opsigte van die toenemende vraag na inligting in die instelling. Om dit te bereik moet DINAB nie alleen 'n deeglike begrip hê van die interne en eksterne omgewingsfaktore van ons universiteit nie, maar ook die voortdurende veranderende belangrike uitdagings verreken.

Die primêre funksie van DINAB is om inligting

te versamel en te interpreteer, beplanning te doen en tot 'n sekere mate ook uit te voer, asook om gereelde monitering en verslagdoening te doen om die langtermyn akademiese beplanning van ons universiteit te rig. Dit word begrond op 'n dieper insig van die universiteit en sy omgewing, geïdentifiseer deur institusionele navorsing.

Die ideale van ons universiteit is om 'n nuwe klas van Kovsie-student en navorser te vorm; om die akademiese en navorsingsprofiel van die universiteit tot toonaangewende internasionale standarde te verhef; 'n innoverende kernkurrikulum vir voorgraadse studente daar te stel; 'n nuwe handelsmerk en strategie vir bemarking te ontwikkel; 'n meer doeltreffende bestuurstruktur en responsiewe besluitnemingsproses te vestig; hoë-impakverhoudings met sowel die top skole in die land as die mees benadeelde skole in die Vrystaat te ontwikkel en hoë volumes van derdestroominkomste uit veelvuldige, nasionale en internasionale finansiële bronne te genereer.

Die subdirektorate sien soos volg daaruit:

- Institusionele Inligting onder Vaatjie Olivier fokus op die verskaffing van institusionele bestuurs- en strategiese inligting vir ingeligte besluitneming en doeltreffende beplanning.
- Gehalteversekering onder dr. Louis van der Westhuizen is verantwoordelik vir die versekering en bevordering van totale institusionele gehalte.

- Onderrig en Leer is die verantwoordelikheid van dr. Saretha Brüssow. Hierdie subdirektoraat verskaf riglyne vir die verbetering van studenteleer, die gehalte van onderrig en om die waarde en erkenning van uitnemendheid in onderrig en leer te bevorder.
- Die subdirektoraat Programontwerp en -goedkeuring onder prof. Dolf Britz het die verantwoordelikheid om goed nagevorsde leiding te gee vir programbeplanning, ontwerp, ontwikkeling en goedkeuring of akkreditasie.
- Studente-ontwikkeling en -sukses is die verantwoordelikheid van dr. Francois Strydom en daar word aandag gee aan die ontwikkeling van 'n kultuur van akademiese sukses deur navorsingsgedrewe inisiatiewe in samewerking met belanghebbendes in die akademie en ondersteuningsdienste.

Die werksaamhede van bogenoemde subdirektorate word gebaseer op institusionele navorsing deur 'n span navorsers wat deur Merridy Wilson-Strydom gekoördineer word.

Kwaliteit impak met integriteit is as die visie van die nuwe direktoraat geïdentifiseer – 'n spreek verteenwoordigend van wat in wese van DINAB verwag kan word. - **Leatitia Pienaar**



PEOPLE



EVENTS



NEWS



“

V erwondering, passie en keuses.

Hierdie drie konsepte het die afgelope tyd oor my pad gekom.

Hoe meer ek daaraan dink, hoe meer is ek oortuig dat hierdie gevoelens nie net van toepassing op ons as individue is nie, maar ook op ons as werkneemers van hierdie instelling. 'n Instelling waarmee ek trots is om geassosieer te word." Hoekom verwondering? Want ons is deel van 'n 106-jarige instelling wat daagliks daarna streef om beter te doen as die dag vantevore. En ons slaag daarin.

Ek kan talle voorbeelde noem.

Ons aansoeke van voornemende eerstejaarstudente is reeds 20% meer as verlede jaar hierdie tyd. Ons toelatingsvereistes het met 2 punte opgeskuif, met ander woorde, ons standaarde is verhoog. Ons fasilitete op ons kampusse het verder 'n groot hupstoot gekry met 'n hele paar miljoen rand se inspuiting in ons infrastruktuur. Tans is daar vyf groot bouprojekte aan die gang wat onder meer sal sorg vir bykomende lesinglokalte. Lees meer oor hierdie projekte op bl. 2.

Wat betref ons interaksie met mekaar – studente sowel as personeel: ons het nog 'n pad om te loop, maar ons het gevorder. Lees

van die redakteur

meer oor die onlangse ARNHE-colloquium wat by ons universiteit aangebied is. Dr. Mamphela Ramphela, bekende in sake- en politieke kringe, noem dat ons universiteit heel moontlik 'n volmaakte model van uitnemendheid wat betrek rasverhoudinge kan wees – 'n model wat die hele Suid-Afrika sou kon nastreef.

En passie? Want ons maak 'n verskil. Ons maak 'n verskil in ons personeel en in ons studente se lewens. Met behulp van ons Sentrum vir Hoëronderwysstudies en -ontwikkeling (SHOSO) het Evelyn Mabija die Leadership Learning Community (LLC)-program voltooi. "Hierdie program het my trots gemaak op myself," sê Evelyn. Lees haar storie op bl. 4.

'n Ander voorbeeld van ons vooruitgang is die prestasies van ons Shimla-spelers. Vyf huidige en oud-Kovsies is in die Suid-Afrikaanse Sewespan ingesluit. Lees meer oor ons Blitsbokfabriek op bl. 18.

Daagliks maak ons baie keuses. Dit begin so vroeg as wat jy jou voet uit die bed sit en 'n besluit moet neem oor wat om aan te trek. Die slaap is nog nie behoorlik uit jou oë gewas

nie en jy moet weer 'n keuse maak: ProNutro of Oats. So word ons elke dag aan meer as 'n duisend handelsmerkboodskappe blootgestel wat ons dwing om nog meer besluite te neem. LG of Dell, Nokia of Samsung, Parker of Big? Leer meer wat dr. Dalmé Mulder op bl. 3 hieroor sê.

Maar ons word ook met ander keuses gekonfronteer. Glo ons die negatiewe wat gewoonlik netjies in 'n koerantopskrif verpak is, of verkies ons om die tyd te neem om ons onmiddellike omgewing te verken en die positiewe raak te sien. Soos die blinde student wat onder die top 15% presteerders aan ons universiteit tel. Of die dosent wat soveel passie vir haar klas het dat haar studente haar lop buite die klas besing. Sien jy die groep van 70 eerstejaarstudente raak wat die geleentheid kry om vir twee weke tyd aan 'n Amerikaanse universiteit te gaan deurbring? Dan is daar ook die interessante navorsingswerk waarmee ons akademici besig is, soos prof. Zakkie Pretorius se navorsingsavontuur op bl. 9.

Wat kies jy? Tot volgende keer.

Leonie

details

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PHOTO: ULA VAN ZYL

UFS builds towards a brilliant future

Our university recently celebrated a memorable occasion when three building projects, to the value of R42 million, were handed over to building contractors. The sod-turning of the new building for Education Training for our Faculty of Education commemorated the inception of the project.

This building will be erected at a cost of R21 million on our Main Campus opposite the UFS-Sasol Library and will primarily be used for the training of Mathematics and Science teachers in the Foundation Phase. It will boast three classrooms with seating for 100 students each, an auditorium that can seat 225 students and an office block, to name but a few. The auditorium will also be used as a classroom in the traditional African context of open-air teaching. The building has been designed to save water and power efficiently and will be completed by the end of 2011.

Prof. Jonathan Jansen, our Rector and Vice-Chancellor, turned the first sod and a tree was also planted. "I am impressed with the eco-friendly design of the building and what the project promises for the future of the faculty and our university. It is important that our campuses continue to expand and improve," he said. Prof. Dennis Francis, our Dean of Education, enthusiastically invited everyone present to help turn the sod.

This building is but one of the many projects our university has recently undertaken to ensure the growth and effectiveness of our campuses; since 2009 building projects to the value of R220 million have been rolled out on our Main and Qwaqwa Campuses.

These include a building consisting of lecturing halls as well as offices for our Faculty of Health Sciences, a new skills laboratory, new laboratories at the Biotechnology Building, the renovation of the Stef Coetzee Building, the upgrading of various lecturing halls, the upgrading of service workers' quarters, as well as the installation of computer rooms in virtually all the hostels on our Main Campus. - **Ula van Zyl**



Prof. Dennis Francis, our Dean of Education, at the sod-turning event of the new building for Education Training.

CAN YOU IMAGINE A WORLD WITHOUT BRANDS?

By Dr Dalmé Mulder

PHOTO: LEONIE BOLLEURS

Apparently that was a reality in the mid-1880s. Wholesalers then held power over manufacturers and retailers, and manufacturers had to offer the best deal to wholesalers in order to get their product distributed. Manufacturers decided to differentiate their products from the competition by giving their products names, obtaining patents to protect their exclusivity and they started to use advertising to spread the news. Through this the concept of branding was born.

Research has shown that an individual is exposed to more than 1 000 brand messages per day, and I think that is a conservative count. I want to challenge you to a "brand count". Quickly count the number of brands you can identify in your immediate surroundings. I'll bet that with a practised eye you will be able to spot at least 20 brand logos – the Dell computer, HP printer, Nokia cellular phone, Xerox printing paper, Parker pen, etc.

Brands have become more than a name, term, sign, symbol, or any other feature. Big name brands are an important part of life, because they become objects carrying meaning. ■

Our university also acknowledges the importance of branding and is currently busy formulating its re-branding strategy. As a successful brand is a company's most valuable asset, it is important that all of us at this university have a thorough understanding of what this phenomenon is all about.

The only way to build a strong brand is to effectively differentiate the brand from competitive brands. There are four aspects that are important to create a competitive barrier, namely brand differentiation, personal relevance to the target audience, esteem and knowledge of the brand. Brand narratives have proven to be very effective in this regard. When people hear a story it conjures a whole series of images and emotions. It is entertaining and easier to comprehend at a deep level than cold, dull descriptors. In terms of the management of

brands the timeless personalities (archetypes) and timeless stories (myths) have a great deal to offer. An example of a timeless personality is the rebel figure, for example, Prometheus in Greek mythology – as a brand Apple seems to fit the bill. Apple famously positioned itself as the creative and colourful rebel in opposition to the boring, grey IBM. The Nike name was chosen to invoke associations with the Greek goddess of victory (the Swoosh is one of her wings). The emphasis on victory gains additional symbolism for the company via advertisements and slogans such as the popular tagline 'Just do it'.

However, winning over the youth's loyalty is a challenging task as they are tired of consuming 'things' and buying 'stuff'; they are looking for brands that touch them at an emotional and intellectual level. Brands are

becoming facilitators of experiences for the users. Our new brand will represent the bond between our university and its students and is a relationship that only our students can create. It is important to guide a brand from identification and differentiation through to the more rewarding reality of a real, communicative relationship with the consumer. A brand is then seen as the promise of an experience. As Generation Y (our current students) can be seen as the "experience" generation, our new university brand cannot afford not to promise an enticing experience.

One should also not neglect to mention the important role that our university employees are going to play in brand formation and support. External brand applications cannot be successfully activated if the internal environment is not supportive thereof.

[MY]
VIEW



'Think BIG as we go forward'

HERE IS AN IMPORTANT ANNOUNCEMENT. My dear colleagues, academics and support staff...

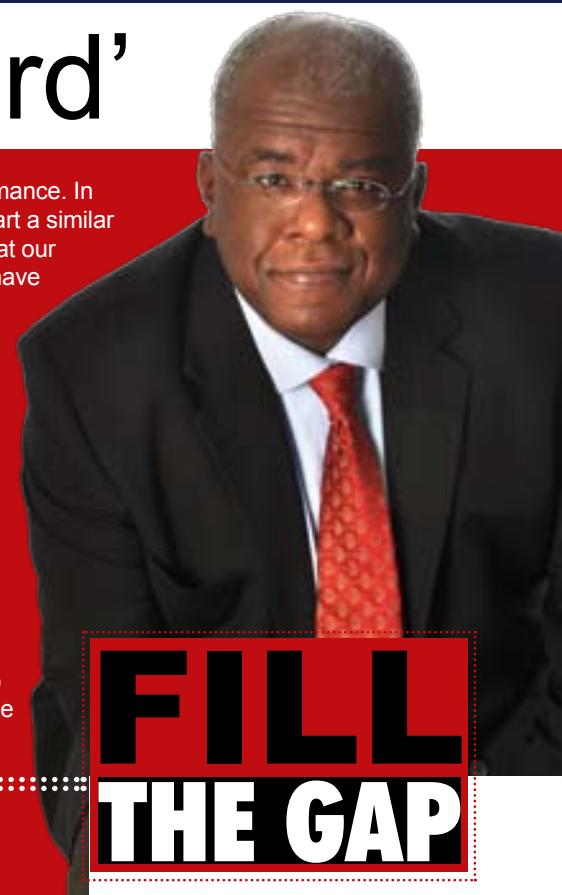
We have started a process of raising the academic quality bar for students and now also for staff. A draft new Academic Promotions Policy is doing the rounds, calling on all staff to make considered inputs. The new promotions policy is tough, and asks academics to dramatically raise their standards of research and publication in order to be considered for movement up the ranks from lecturer to full or even senior professor. This will be much more difficult than in the past, but we must start somewhere if the University of the Free State is to become one of the top universities in the country, and be counted among the leading universities in the world.

These new standards of academic quality for Kovsies started with us raising the entrance requirements for the 2011 first-year students; the same standards must apply to staff. The new standards will likely challenge or even disappoint or frustrate some staff. I would like to encourage you to look at these changes in a positive light for yourself and for the university. See the new promotion standards as goals to be achieved, and look to your Head of Department, your Dean and your Rector, among others, to help you get there.

We do not apologise for raising the bar to the highest levels, but we do and will commit ourselves to making available dedicated resources and support to enable our academics

to attain those levels of performance. In the next few months we will start a similar process of review to ensure that our support staff at all levels also have clear benchmarks against which they can raise their performance and also enjoy the benefits of promotion within the university.

The University of the Free State, with a whole new set of top academics joining us from home and abroad, is well on its way to becoming a leading international university. I ask you to stand with us as we make the move by investing in, and challenging, our staff to think big about their place in the university as we go forward.



FILL
THE GAP

SY ROCK!

Deur Cindé Greyling



Koppie koffie met...

Gesondheid verwelkom top Wiskunde- en Wetenskappresteerders

By die Fakulteit Gesondheidswetenskappe glo ons dat ons deur kreatiwiteit en innovasie 'n buitengewone betowering skep om 'n verskeidenheid moontlike beroepskeuses te openbaar. Ons glo in die deel van kennis, ervaring en insig in die verskeie studieveld op inspirerende en kreatiewe wyse.

As 'n sentrum vir uitnemendheid is ons Fakulteit Gesondheidswetenskappe daartoe verbind om die ontwikkelingspogings van voornemende studente te verbreed.

Een so 'n poging was die prestigefunksie vir Graad 10-leerders en hul ouers. Hierdie funksie vir die top tien Wiskunde- en Wetenskappelerders bied die geleentheid om insig omtrent 'n spesifieke studieveld binne ons Fakulteit Gesondheidswetenskappe te bekom.

Terugvoering vanaf leerders sowel as ouers was oorweldigend positief, met leerders wat aan verskeie aktiwiteite deelgeneem het. Ouers is die geleentheid gegun om met lede van fakulteitsbestuur asook ander rolspelers binne die fakulteit te gesels en vrae te vrae. - Sandra Gouws

Verskeie leerders het die top tien-funksie van die Fakulteit Gesondheidswetenskappe bygewoon. Agter is leerders van Sentraal Hoëskool en voor is leerders van Grey-kollege Sekondêr en Brebner Sekondêr onderskeidelik.



“Ek het geen idee nie ...” antwoord sy oorbluf. “Weet jy, ek dink nie dit het iets met my te doen nie. Die eer kom eerder die skrywers toe. Ek dink dit is die teks self wat die studente boei,” verduidelik Mariza Brooks oor hoekom studente so gek is ook haar klasse.

Engelse literatuur kry lewe in jou geestesoog terwyl Mariza die een na die ander groot naam uitryg. Alice Walker, Toni Morrison, Sylvia Plath en die filosofie van Frantz Fanon, W.E.B. du Bois, Steve Biko, Kwame Nkrumah ... Bob Marley! Sowaar. Wanneer Mariza haar gunstelingteks moet aanhaal, stuur sy die volgende:

“We should emancipate ourselves from mental slavery because whilst others might free the body, none but ourselves can free the mind. Mind is your only ruler, sovereign. The (wo)man who is not able to develop and use her/his mind is bound to be the slave of the other who uses her/his mind.”

Dis 'n uittreksel uit 'n toespraak van Marcus Garvey in 1937, wat ook Bob Marley se Redemption Song geïnspireer het.

“Ek is seker die oudste headbanger wat daar is!” lag Mariza. “Miskien is dit hoekom ek so goed oor die weg kom met die studente. Ons kan saam musiek luister. Ek is mal oor Metallica, Led Zeppelin, Bob Marley, tot by Mozart! Ons groove gereeld in die klas.” Mariza dink dis juis die musiek wat studente help om die teks beter te verstaan en om

Evelyn is proof

By Leatitia Pienaar

Evelyn Mabija's (49) story is proof that nothing is impossible for those who put their mind to it and work hard. They reap the fruit eventually.

In 2009 she took part in the Leadership Learning Community (LLC) pilot project of the Division Staff Development and Performance Management at our Centre for Higher Education and Development. The project aims to develop authentic leadership at all levels.

She grew up in Colesberg and had to leave school in Standard 6 (now Grade 8). She later worked in a restaurant as a waitress to assist her family and provide for her baby. It was soon obvious that she had more abilities and she got additional duties such as managing stock and supervising.

Her arrival here was purely by chance when she overhead a conversation in a taxi that our university was looking for cleaners. In 1984, at the age of 25, Evelyn landed as a cleaner in the JBM Hertzog residence. In 2003 she got promoted to supervisor of cleaners in the Villa Bravado residence. Today she is Service Manager with other residences also under her wing.

In his motivation for her enrolment in the LLC programme, her then line manager, WP Wahl, said:



Mariza Brooks.

daarmee te vereenselwig.

“Die teks wat ek voorskryf, daag studente se historiese, kulturele, en psigologiese aannames uit. Soos die filosoof Roland Barthes gesê het: ‘Prescribe texts of bliss.’ Ek dink die literatuur waarmee ons werk, moet die realiteit van ons samelewning reflekter. Vandaar die studente se natuurlike belangstelling.”

Maar hoe meer jy met Mariza gesels, hoe meer kom jy agter dis nie net die teks wat tot die studente spreek nie. Dis sy wat aan die teks lewe gee, hoewel sy weereens wegskram van haar aandeel daarvan. “Ek het gelukkig in ’n baie oopkop en eklektiese gesin grootgeword. Seker dié dat ek effens mal is!”

Op ’n ernstiger noot vertel Mariza dat sy nogal gereeld in die spervuur beland omdat sy ’n uitgesproke feminist, en baie passievool oor Pan-Afrikanisme is. “Bloot omdat ek sterk daaroor voel, beteken glad nie dat ek mans verafsku of anti-Afrikaans is nie. Inteendeel. Ek is net innig lief vir Afrika en haar mense, en glo dat vroue gelyk is aan mans. Nie benede nie, en ook nie verhewe nie.

“En weet jy wat, velkleur sê vir jou net mooi nik van ’n ander persoon nie ... kyk eerder na die skoene wat hulle dra.” Skets sy haar oortuiging so mooi soos net ’n woord-liefhebber kan. “Ek kan wredeheid in geen vorm verdra nie, nie teenoor mense nie, ook nie teenoor diere nie,” verduidelik hierdie “ma” van 11 vier-voetige vriende!

“Ek het nie ‘mens’-kinders nie, my vier honde en vyf katte vervul daardie rol en maak van my huis ’n tuiste.” In en om haar huis kan jy ook haar kunssinnige streep-

sien. Of die malligheid, soos sy dit noem.

“Daar is ’n sterk verband tussen malligheid en kreatiwiteit!” lag sy. Onlangs het Mariza ’n mosaïektafel voltooi en sy doen ook glaswerk. Andersins grawe sy met haar vingers in die grond, leef haar liefde vir musiek uit, of speel brug.

“Die tafel het nogal mooi gekom,” vertel Mariza trots oor haar mosaïek-kunswerk waarop sy die god van vrugbaarheid se kop uitgebeeld het. En hopelik is hierdie simboliek sprekend van die volgende ses maande van 2010.

“Ja, jong! My ‘gespeel’ kry my in die moeilikheid. Ek moet eintlik navorsing doen,” tree hierdie kreatiewe siel weer tot die harde werklikheid terug. “Niks meer DIY vir my nie, ek moet ’n artikel skryf!” Maar sy waarsku dat ander haar dalk maar haar kreatiewe uitlaatkleppe moet gun ... want net nou raak sy regtig die kluts kwyt!

As almal geweet het hoe opwindend Kovsky se Engelse literatuurprogram is, sou die klasse waarskynlik oorgeloop het! Dit mag dalk een van die kampus op die Bult se bes bewaarde geheime wees. Ongelukkig.

Want Mariza stem saam dat hoe meer mense lees, hoe beter sal dit met almal gaan. Vryheid van denke is ’n keuse ... en kreatiwiteit is ’n móét.

Net voordat hierdie gul vrou groet, is sy weer vir ’n rukkie verbaas daaroor dat sy een van die studente se *favourites* is.

Wel, wys jou net.

PHOTO: LEONIE BOUERS

that nothing is impossible

“Evelyn is one of those employees any employer would get excited about.”

Her enthusiasm, diligence and ability to connect with people from all spheres of life, make her an extraordinary person. She has the ability to befriend and discipline at the same time, to be flexible without compromising herself, and to accept people without approving their wrongs.”

“These qualities make Evelyn not only loved but also respected in the workplace. She has a wonderful ability to come up with practical solutions on her own, even under pressure. She is an enthusiastic optimistic person – an exceptional employee who our university can be proud of.”

Evelyn’s diligence in performing her day-to-day tasks is exceptional. This is evident in the standard of cleanliness of the residences she supervises.

This diligence, however, does not make her narrow-minded. She can think “out of the box” and is not intimidated if her opinion is opposite to that of the group.

In spite of her own fear of an inability to complete this programme successfully; to

her own astonishment, the result is a story of Authentic Leadership.

Evelyn is full of praise for the LLC and Marietjie du Plessis and Dr Renalde Huysamen. “The LLC helped me to be proud of myself. I hope the people on the programme this year will also enjoy it.

“I can see the results in my work. I am happy in my work,” Evelyn said.

She discusses the work with her team and also has regular meetings with the student leadership in the residences to ensure their satisfaction with the cleaning.

Student Fannie Zim of Villa Bravado says: “What makes her phenomenal is her determination towards her work. She is hands-on and prefers things to be done in time and according to the way they should be done. She is forever humble and down to earth, even though sometimes she can really get at us, especially when we delay what we must do.

“The relationship that we have with her, I can confidently and without hesitation say, is exceptional and as the house we feel blessed and overwhelmed to have her as our matron.”

Evelyn has a way to motivate her team, even under very difficult circumstances.

Other people remark that Evelyn jumps into her overall when the work is too much, and that

also motivates the team. Co-workers and her line manager are unanimous in that Evelyn’s heart is in the right place. She can work with people on all levels. She can confront issues, but never loses the human element in the process.

Evelyn’s personality is marked with enthusiasm, optimism en strength. She is an exceptional employee which our university can be proud of.

Evelyn Mabija.



PHOTO: LEATITIA PIENAAR

Women must stand up and be counted

We will not know peace and prosperity unless all women are free. We must open opportunities for women and make sure that we achieve the necessary progress. I believe this would be the best way to honour the life of Charlotte Maxeke."

This rallying call for action was made by the Minister of Basic Education, Ms Angie Motshekga, in her speech to commemorate the life of Charlotte Maxeke, a woman she described as "a heroine" to all South Africans.

Our university, in conjunction with the Free State Premier's office, presented the third Annual Charlotte Maxeke Memorial Lecture on our Main Campus in Bloemfontein to once again honour this remarkable African woman as part of celebrating Women's Month.

"We must ensure that we act consciously to extend equal opportunities, freedom and justice to all women," she said. "We must put all our energies together in this task of uplifting women and children."

She said that even though women had made considerable strides since the advent of democracy in South Africa, especially in government, much still had to be done to ensure equal opportunities for all women.

"There's a 40% women representation in government, but the question we should ask ourselves is: What value does this representation bring to the life of an ordinary woman? What impact does it have on her life?"

She said women were still less represented in managerial positions. "Sexism requires the same amount of energy that we use to fight against racism," she said.

She also announced that the government had decided to declare the graves of Charlotte Maxeke, Lillian Ngoyi and Helen Joseph as national heritage sites.

The well-attended lecture was entitled: United in action to make 2010-2020 a decade for women in Africa.

Among those present were members of the ANC Women's League, who came in buses and mini-buses; Dr Allan Boesak and his wife; past and present Free State MECs; and the Vice-Rector of External Relations at our university, Prof. Ezekiel Moraka.

- Mangaliso Radebe

Dr Choice Makhetha, Special Assistant to the Vice-Chancellor, Ms Angie Motshekga and Prof. Ezekiel Moraka, Vice-Rector: External Relations.



PHOTO: STEPHEN COLLETT



Construction on Qwaqwa Campus progressing well

Our Qwaqwa Campus has become a hive of activity as a result of the two major construction projects that are underway. These form part of the R220 million-worth of building projects rolled out by our university at both the Qwaqwa and Main Campuses since 2009.

The projects at our Qwaqwa Campus are a R40 million students' residence and a R14 million Education Building. The construction progress of both is at an advanced stage.

"The progress is good, even though we are almost six weeks behind schedule as a result of delays in excavations. Our construction site is right on top of a rocky terrain and this resulted in delays throughout our excavation process," said Shaun Moffatt, the new residence's architect from The Roodt Partnership.

Meanwhile, construction of the new Education Building is also progressing quite well. The building will comprise the computer lab, IT lab, Biology lab, Science lab, five classrooms and a six office block.

"Contractual matters have all been sorted out," said the Site Manager, Dave van der Berg.

"And all operations like the foundations and brick work are on schedule. With the rainy season approaching, there might be challenges, but everything will be done properly instead of just pushing for time," concluded Dave.

Both projects are scheduled to be completed by the end of the first semester in 2011. - Thabo Kessah



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Selfsustainable Nguni breeders born at Kovsies

By Ailsa Uys

Successful development projects are rare in South Africa. The Northern Cape IDC Nguni Cattle Development Project – now in its third year – is one such initiative with much of the success attributed to our university's Faculty of Natural and Agricultural Sciences staff – Prof. HO de Waal and Dr Luis Schwalbach, both from our Department of Animal, Wildlife and Grassland Sciences. Their commitment, drive and loyalty to the project are phenomenal, albeit humble.

The IDC who as financial backers initiated the reintroduction of the Nguni cattle breed into the rural Northern Cape since 2006, partnered with our university as Project Manager and the Northern Cape Department of Agriculture, Land Reform and Rural Development for facilitation.

Simply explained – emerging farmers are chosen according to various stringent criteria and extensively trained in workshops before receiving ten pregnant registered cows and two bulls, which must be returned to the project after five years, the offspring becoming the farmer's property.

The Nguni cattle owned by the project, now makes it almost the largest Nguni breeder in the country as, although each farmer farms for himself, they fall under the project for five years, after which they become commercial farmers. "That is our aim – to make people self-sustainable, responsible Nguni breeders – it has to be commercially viable for the project to be successful," says the project manager.

Receiving the Nguni is marked with intense gratitude and the unanimous agreement by farmers that this is their future. With an average of 2,4 people directly affected on each farm, the ripple effect into the community runs much further. The first recipients in 2008 are now making a living from their own animals, bringing prosperity to the area not known before. "An important aspect of the project besides the cattle is people development. Raising living standards and expectations are important to us," says HO, stressing that the respected Nguni cattle breed is just the vehicle for rural development with the real focus on human development.

Dr Luis, a vet, teaches the practical side of animal well-being and proudly talks of the positive effects and lists the factors of success. "The genuine need for skills transfer and development, clearly specified roles of each partner and thirdly, the age range of the farmers."

However, the hunger for knowledge and having unlimited access to it is going to be the winning factor. There is a genuine atmosphere of learning in the practical workshops where solutions to common problems are demonstrated and an annual calendar of tasks is drawn up and taken home. Each farm is given a scale to weigh calves and a veterinary kit for the first season. It's all hands on with workshops held far and wide.

Four years into the project, currently 46 farms have received knowledge and cattle; with IDC funding now extended, HO expects this to be up to 60 farms within a year. He sums it up: "It is a field research opportunity second to none, putting our university on the map with the aim of leaving a legacy to the community of the Northern Cape, even when we are no longer closely involved." Now that is a selfless vision!

Prof. HO obtained his Ph.D. in Animal Nutrition in 1986 and moved to Glen in 1974 specialising in grazing ruminants and supplementary nutrition. He became lecturer in Animal Nutrition at our university in 1998 and has since established the African Large Predator Research Unit (ALPRU), and the Canis-Caracal Programme, which endeavours to reduce the negative impact of the black-backed jackal and caracal on the livestock and wildlife industries.

Dr Luis became a vet in 1991 in Mozambique and obtained his MSc in Animal Science in 1997 at our university where he then became a lecturer/researcher. He registered as a veterinarian at the SA Veterinary Council in 2003 and now chairs the FS/NC Branch of the SA Veterinary Association. His specialises in Herd Health, animal reproduction and livestock production systems.

PHOTO: LEATITIA PIENAAR

1 Dr Luis Schwalbach doing pregnancy diagnosing.

2 Dr Luis demonstrating practical aspects to farmers and extension officers.

3 Farmers attending the Nguni breeding information session.

4 Prof. HO de Waal.





What would you do with an opportunity of a lifetime?

This year 71 of our first-year students have the opportunity to become part of an international first-year leadership programme at a university in the USA from 23 September until 7 October. Leonie Bolleurs asked some of our staff and students what would they have done if they were granted this opportunity. Minette and Refilwe also tell us what they will do with this great opportunity of a lifetime.

Dr Scarpa Schoeman | Senior Lektor, Interne Geneeskunde:

"If you're not fast, you're FOOD!" (billboard in Johannesburg). Die wêreld verander vinnig en leiers is die ouens wat nie bang is vir die veranderings nie, die beste daarby aanpas en ander help om vorentoe te beweeg. 'n Besoek aan 'n oorsese universiteit is kragtig om jou horisonne te verbreed, om te sien dat eerstewêreldlande ook probleme het (en hoe hulle dit probeer oorkom) en te besef dat sekere kwessies universeel is (soos diversiteit en studentwees). So, as ek toe geweet het wat ek nou weet, sou ek dit met ope arms aangegegryp het! Sulke geleenthede is baie raar vir eerstejaars.



Thabo Kessah | Communications Officer on our Qwaqwa Campus:

Americans have had their I have a dream moments and have travelled this road of 'diversity', so there is so much to learn from their experience. Coming back would give one a rather pleasant headache of living what has been learnt over there. One would start small with a diversity discussion group of curious friends. Each member would 'preach' to at least one mutual friend over a week then all the 'converted' would meet to map the way forward, hopefully by engaging and encouraging other stakeholders on campus to introduce a 'diversity office' in their structure.



Minette Haasbroek | B Comm Regte-student:

Ek sien hierdie as 'n goeie geleenthed om ons universiteit se beeld te bevorder deur vir die res van die wêreld te wys dat hulle persepsies nie noodwendig altyd reg is nie. Dit is ook vir my 'n geleenthed om die leierskap onder eerstejaars te bevorder. Ek is trots daarop dat ek 'n Kovsie is en sal graag deur middel van die interaksiegeleenthede wat ons later gaan kry van my medestudente se negatiewe houdings teenoor die universiteit wil verander. Ek wil graag 'n positiewe bydrae tot die universiteit lewer.



Refilwe Matsaneng | B Comm Economics student:

This is a great opportunity, not only academically but also to broaden my horizons in terms of other cultures and people. I will use this opportunity to find out how the USA overcame some of their obstacles. I will also use this opportunity to network with new people. In future I want to run for SRC and I see this as a great opportunity to prepare me, but also to enhance my chances to be elected on the SRC.



Enriqu Grobbelaar | Third-year Human Resources student:

I would like to visit America for a few reasons. I would like to attend a university there for a short while, just to compare it with our university. People tend to think that an American or European university is superior to a South African one. I do not believe this to be true. I also believe such an experience can be used to enrich our university: obviously you will encounter new things, new experiences. The important thing is that you bring back what you learn and apply it to enhance your studies and our university.



Merridy honoured by European organisation

Merridy Wilson-Strydom, Assistant Director in our Directorate for Institutional Research and Academic Planning (DIRAP), was named joint winner of the best paper award at the EAIR Valencia Forum 2010 that is held in Valencia, Spain. EAIR, The European Higher Education Society, is probably the biggest and strongest association for institutional research at the moment. EAIR is offering the opportunity for young (under 35) professionals and academics working in universities, polytechnics and other higher education institutions to win the "EAIR Best Paper Award". The paper was written as part of an accepted proposal for the EAIR annual Forum and is titled Traversing the Chasm from School to University in South Africa: A student perspective. - **Leatitia Pienaar**

Dr. Swemmer is ons nuwe Registrateur

Dr. Derek Swemmer is as ons universiteit se nuwe Registrateur aangestel. Hy sal op 1 Oktober 2010 diens aanvaar. Dr. Swemmer is sedert 1999 Registrateur van die Universiteit van die Witwatersrand. Prof. Sakkie Steyn, Registrateur aan ons universiteit, beskryf dr. Swemmer as een van die mees senior registrateurs in Suid-Afrika. "Dr. Swemmer het baie goeie ervaring op die gebied van registrateur-wees en die UV is bevoordeel om 'n persoon met sy kundigheid en ervaring aan te stel," sê prof. Steyn. Dr. Swemmer het reeds goeie insig en aanvoeling vir sekere stelsels aan ons universiteit omdat hy reeds by twee geleenthede as konsultant ondersoeke hier gelei het. - **Leonie Bolleurs**

Respected scholar joins UFS

Prof. Neil Roos, a respected academic and scholar, is joining the UFS ranks. He is well-known for his research of the history of whiteness in modern South Africa. He is doing research into the apartheid culture and the lives of ordinary white people under Apartheid. Prof. Neil will be part of our Post-graduate School, as part of the Directorate for Institutional Research and Academic Planning (DIRAP). He is currently the Director: Postgraduate Studies at the University of Pretoria (UP) and an Associate Professor: Education at UP and at our university. He will be relocating to our campus on 1 December 2010. Prof. Neil is the author of the book Ordinary Springboks: white servicemen and social justice in South Africa, 1939-1961. Prof. Neil is extremely excited about joining Kovsies: "At this time, the UFS is the university showing the most energy and most initiative. - **Ula van Zyl**

Dr Marieka shines

Dr Marieka Gryzenhout, a senior lecturer at our university's Department of Plant Sciences, was first runner-up for the award for "Distinguished Young Woman Scientist in the Life Sciences". The award is given by the Department of Science and Technology. The department aims to increase the number of women scientists and researchers in South Africa as well as women's access to research professions. This will lead to successful scientists and researchers becoming role models for younger women and girls.

It is said that when Dr Marieka graduated from the University of Pretoria (UP), she was the PhD student with the largest number of publications ever at UP. She is also a founder and editor of the e-newsletter Mycorrhiza, which is growing in popularity. - **Ula van Zyl**

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- Die verhoging van ons universiteit se toelatingsvereistes het heelwat dekking in die media gehad en is gebruik deur onder meer *Beeld*, *Sowetan*, *Cape Times*, *Volksblad*, *Business Day*, SAfm, Lesedi FM, RSG, OFM en Ukhosi FM.
- Die aanstelling van dr. Khotso Mokhele as ons Kanselier is gebruik in onder meer *Business Day*, *Die Burger* en OFM.
- Me. Anna de Jager, 'n student at op ouderdom van 92 'n doktorsgraad verwerf het, het ook aandag getrek in *Sunday Times*, *Beeld* en *Volksblad*.
- Boom Prinsloo, beste speler van die onlangse Varsity Cup, se insluiting in die Springbok-sewesspan is gebruik deur *Beeld*,

- Burger* en *Volksblad*.
- Ons universiteit se gebruik van sonkrag in koshuise is gebruik is deur onder meer RSG, OFM en Lesedi FM gebruik.
 - Onderhoude met prof. Anthony Turton van ons Sentrum vir Omgewingsbestuur oor gebottelde water is gevoer op 702 en SAfm.
 - 'n Onderhoud met prof. Jan-Ad Stemmet van ons Departement Geskiedenis is uitgesaai op Radiotelevisie Svizzera (RSI) – 'n die Switserse openbare uitsaikorporasie – oor die geskiedenis van Suid-Afrika van die twintigste eeu. - *Lacea Loader*



Dr. Khotso Mokhele, new Chancellor of our university. 1
Boom Prinsloo. 2
Sonverhittingstelsel op Vergeet-my-nie koshuis. 3

Die verhaal van prof. Zakkie en sy avontuur met brood

CSI, The War of the Worlds, Sherlock Holmes, The X Files ... Elke keer as mens na die TV-reekse en films kyk, word 'n mens meegesleur deur die interessante wetenskaplike werklikhede wat agter avontuurverhale skuil. Dis mos juis hierdie werklikhede wat die fiksie so meesleurend interessant maak. Tog, vir prof. Zakkie Pretorius en sy kollegas in ons Departement Plantwetenskappe is hulle navorsing 'n werklikheid, maar met die fassineringselement van fiksie.

In die rolprent, The War of the Worlds, bedreig bakterieë die mensdom. Plaas mens egter jou mikroskoop op die regte plek, word die voortdurende stryd tussen gesondheid en "siekte" iets wat die beste speurverhaal na 'n gemiddelde teks laat lyk. Die waarheid is werkelik vreemder as fiksie. Toe prof. Zakkie destyds in 1999 die swam wat 'n bepaalde vorm van koringroes in Uganda veroorsaak, identifiseer en die naam UG99 gee, het een van sy vele fassinerende navorsingsreise begin.

Iets moes gedoen word om hierdie swamsiekte te keer. In die wêreld van wetenskap is dit ure se navorsing, beplanning en eksperimentering wat 'n bydrae maak om die "goeie" te laat seëvier. UG99 en sy mutante variasies wat sedertdien ontstaan het, geniet tans groot internasionale belangstelling met navorsingsprojekte in die meeste

graanproduserende lande. Prof. Zakkie verduidelik die omvang van die navorsing wat met sy werk gepaardgaan: "Daar is soveel faktore wat in ag geneem moet word en wat 'n rol kan speel. Dis nie net die plant se genetika nie; daar is die omgewing, die organisme, die klimaat ..." Met al die faktore in ag geneem, word daar hard saam met ander koringwetenskaplikes gewerk om kultivars só te teel dat hulle weerstandig gemaak word.

En ja, vandaag se antwoord lei dikwels tot mōre se vraag. Om met lewende organismes te werk wat dikwels muteer, verander en aanpas, is 'n projek vol uitdagings en verstommende dinamika. Wanneer mens dit so verwoerd, wil dit byna dramaties voorkom. Maar dis daar waar prof. Zakkie se kalm, berekende en wetenskaplike benadering mens laat besef waarom hy en sy medewerkers so suksesvol is. "Ja, die variëteit van koringroes het al ver versprei, en mens sal graag wil voorkom dat dit in hoë voedselproduksielande soos Indië en Pakistan, asook ander Asiese lande 'n negatiewe inwerking op oeste het, maar onthou, dit is nie asof dit oornag gebeur en die hele wêreld skielik in 'n hongersnood gedompel word nie."

Terwyl hy gesels, is dit duidelik dat prof. Zakkie 'n uitstekende dosent sowel as navorser is. Plek-plek verduidelik hy as hy aanvoel dat ek dalk nie gaan verstaan waarvan hy praat

nie. Deur sy verduidelikings kom ek agter dat hy en sy kolgas 'n bydrae tot elkeen van ons se lewens lewer sonder dat ons dit altyd besef. Dit word duidelik as hy teen die einde van ons gesprek na die belangrikste toets verwys. "Uiteindelik moet 'n mens steeds brood kan bak – brood wat nie taai of onsmaaklik is nie, net gewone brood." Ons koop elke dag brood, broodrolletjies en ander koringprodukte, min wetende dat mense soos prof. Zakkie en sy departement besig is om te verseker dat die goue koringare waaruit die brood ontstaan so gesond as moontlik bly. Deur die lense van mikroskope, op die kontoere van koringlande, en ja, met die dinamika van DNS, word 'n avontuurlike stryd gevoer. Kovsky is bevoorged om die helde in hierdie stryd se avontuur deel van die universiteit se suksesverhaal te maak. - Igno van Niekerk

FOTO: IGNO VAN NIEKERK



Prof. Zakkie Pretorius.

INTERVARSITY 2010: KOVSIES **BEAT** PUKKE!

And... it's also a weekend for our students to just have some fun!

This year was no exception. And, despite the controversy surrounding the event, the 68th Intervarsity between Kovskyes and Pukke was still a resounding success – especially because Kovskyes was the overall winner!

The main rugby and soccer matches attracted an astounding 10 000 spectators. Congratulations to our soccer team who beat Pukke in the pre-match before the main game between our Shimlas and Pukke. And, to our Shimlas – what a game – we were behind you all the way and look forward to a win next year!

This year a few new additions were also made to the programme, including a major debating championship lead by our Debating Society as well as a Hip Hop event. We also rearranged the participation of residence teams outside of league positions to include all residences that have teams in the sporting disciplines.

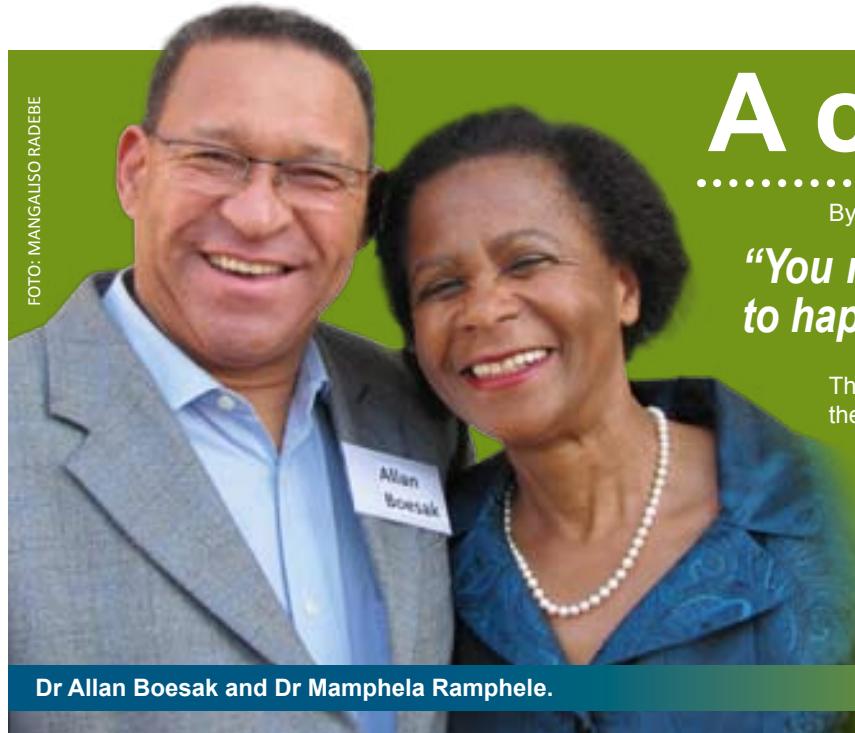
Another initiative was a first-ever invitation to the management and student leaders at all the campuses of the North-West University to attend the various functions. And, to ensure the safe return to campus for students attending private functions in Bloemfontein, the Rag-Buddy bus system was re-introduced. - Lacea Loader

FOTOS: RIAN HORN



Intervarsity weekend is one of the major events on our university's sports calendar. It is a weekend of sporting excellence in which our students are given the opportunity to show their skills and competencies in the various sport codes and other events.





A call for the UFS

By Mangaliso Radebe

"You might yet be the pioneer of what needs to happen on a nation-wide level."

This was said by businesswoman, Dr Mamphela Ramphele, regarding the potential that our university have in terms of showing South Africa the way in race relations.

Dr Ramphele, the first African to be a Managing Director of the World Bank, was speaking at the Anti-Racism Network in Higher Education (ARNHE) Colloquium held at our university.

"Healing circles need to be constructed on this campus to address issues raised by the Reitz incident," she said.

"Can we confidently commit today to go on this quest for a true humanity and walk together as fellow citizens and strive for a more human face for our society? That is our challenge. That is what the UFS is called to give leadership to."

Dr Elias chairperson of PanSALB

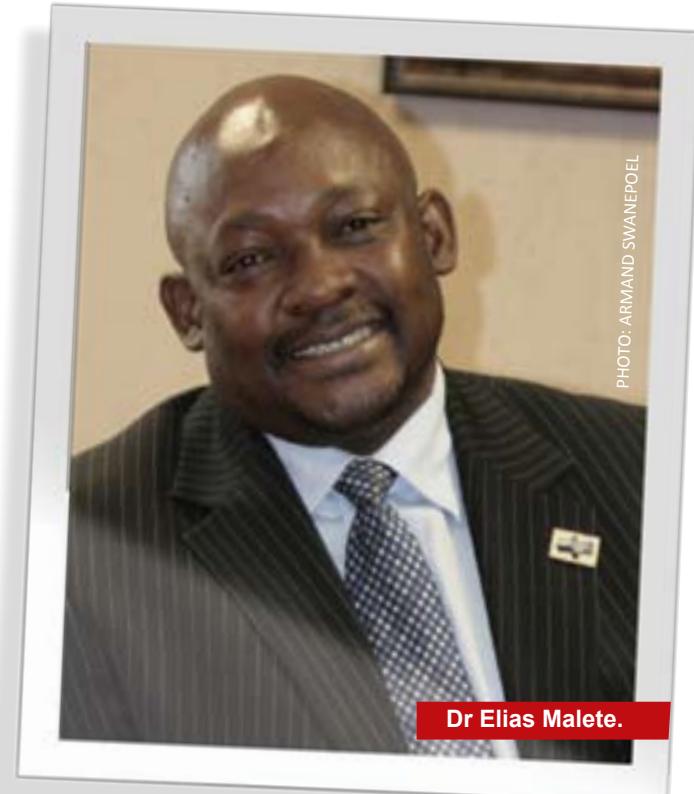
The Principal of our UFS Qwaqwa Campus, Dr Elias Malete, was elected Chairperson of the Pan South African Language Board (PanSALB) at the 62nd General Board Meeting held in Pretoria. He is taking over from UKZN's Professor Sihawukile Ngubane.

PanSALB is a constitutional body tasked with promoting and creating conditions for the development and use of eleven official languages in South Africa including the likes of German, Greek, Gujarati and Hindi, amongst others.

"We are charged with the responsibility of maintaining quality, respect, honesty and accountability in order to realise our new vision of promoting and ensuring respect for all languages commonly used by South African communities, including the Khoi, Nama and San languages as well as South African Sign Language," said Dr Elias.

"Our main focus for the next 12 months will be on administrative matters to ensure prudent financial and effective corporate governance of PanSALB, as well as aligning our structures like National Language Bodies, National Lexicographic Units and Provincial Language Committees with the new Strategic Plan. This alignment is crucial if we are to create conditions for the development of all languages, thus promoting multilingualism and ensuring respect for all South African languages," concluded Dr Elias.

Meanwhile, Dr Elias was invited by the Athens Institute For Education and Research to present a paper at the 3rd Annual International Conference in Literature, Language and Linguistics in Athens, Greece. His paper titled *Negation of adjuncts in Sesotho* was widely received by the international audience. - Thabo Kessha



Navorsingsverslag bekend gestel

Vroue in navorsing aan die ons universiteit het erkenning gekry in ons universiteit se Navorsingsverslag en ook met die bekendstelling van die verslag in Augustus vanjaar. Die gasspreker was prof. Maresi Nerad. Sy is 'n stigtingsdirekteur van die Center for Innovation and Research in Graduate Education (CIRGE) en medeprofessor in Hoër Onderwys in die Opvoekundige Leierskap- en Beleidstudieprogram aan die Kollege vir Opvoekunde aan die Universiteit van Washington, Seattle.

Ons universiteit se navorsingsuitsette en NNS-gegradeerde navorsers het die afgelope twee jaar stewige groei getoon. - Leatitia Pienaar

Prof. Driekie Hay, Viserektor: Onderrig en Leer en prof. Maresi Nerad.



to provide leadership in racial relations

"It is this human face which has the power to liberate us from the body of death and strengthen us in our struggle for a meaningful life together in South Africa," added one of the main speakers, Dr Allan Boesak, a cleric and former anti-apartheid activist.

However, said Dr Ramphele, this could only be achieved if all South Africans, black and white, abandoned the fear for one another that was hindering, if not stalling, progress in this regard.

"Fear of one another is the most important impediment to the sustainability of our journey into a society united in our diversity," she said.

"People in this country are afraid to stand up and be counted, including many Vice-Chancellors and clerics. They are afraid of being seen to be difficult, and that is a major

problem. Fear is the most destructive emotion that you can have because it makes you really incompetent and unable to respond to challenges."

She said the biggest impediment, though, to ending racism was denial. "White people deny vehemently that they are or have ever been racist," she said.

"We need to go through a process of acknowledging our wounds and scars from our racist past and present missteps in public policy."

"Instead of saying they are sorry, those who are conscious of their whiteness should rather say what they are sorry about," said another main speaker, Prof. Dennis Francis, the Dean of the Faculty of Education at the UFS.

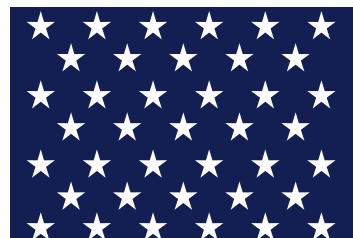
On the other hand, according to Dr Boesak,

blacks were and still are, to a large extent also to blame for their own ongoing oppression. "The key here was the acknowledgement of our sheepish timidity, our complicity," he said.

The Chairperson of ARNHE, Prof. Norman Duncan, had this to say: "If we are to confront and eradicate racism at higher education institutions, we should not do so to create comfort zones for ourselves."

The theme of this ARNHE Colloquium was Black consciousness and those conscious of their whiteness. It was presented by the International Institute for Studies in Race, Reconciliation and Social Justice at our university.

71 first-year students off to USA



We are incredibly proud as we are sending the first ever group of first-year students to the United States of America (USA)." These are the words of Rudi Buys, our Dean of Student Affairs after announcing the names of the group of 71 students that will travel to the USA later in September this year as part of our university's Student Leadership Development Programme.

This initiative is not only a first for our university but also for South Africa. "The programme is unique to any other student leadership development programme in the country. We are leading the way and are taking students to experience student life and learn about leadership and diversity at various USA universities," said Rudi.

The programme was one of the goals of Prof. Jonathan Jansen, our Rector and Vice-Chancellor, which he aimed to realise when he was appointed with us in 2009.

"With the programme we want to develop participants' thinking and capacity to lead in the contexts of diversity and change and we hope to direct them to programmes leading change in student life in general upon their return," Rudi said. The 71 students will leave for the USA on 23 September 2010 and they will return to South Africa on 7 October 2010.

The 71 participants are representative of all our students, as well as students from our Qwaqwa Campus. A rigorous selection process was followed, which focused on the students' academic excellence, their participation in student and residence-life programmes and their interest in growing in the areas of, amongst others, leadership, diversity and citizenship. Each candidate had to undergo a pre-selection process, followed by a panel interview consisting of staff from various faculties and divisions at our university.

The students will stay in groups of about ten at the various universities, which include universities such as Cornell University, New York University, the University of Massachusetts, the Appalachian State University and Virginia Polytechnic University. "These universities will provide our students with accommodation and will present various academic and cultural programmes which our students will participate in and learn from," Rudi said.

"We have also put a programme in place to prepare our students thoroughly for the trip. Because some of them have never travelled on an aeroplane, let alone travelled to a

foreign country, we have made arrangements with the Department of Home Affairs for assistance with travel documentation, as well as special arrangements with the USA Embassy for assistance with visas. They will also be attending workshops focusing on, amongst others, research, leadership and diversity before their departure on 23 September 2010.

"Upon their arrival in the USA the students will firstly be taken to New York where they will be briefed about American customs, etc. From there they will be placed at the various universities," said Rudi.

Upon their return the students must be involved in student-life programmes on campus, establish volunteer programmes and initiate and establish mentoring programmes for their fellow students. "We want them to give back what they have learnt and experienced," said Rudi.

"We are planning on implementing the Student Leadership Development Programme as an annual programme and are looking forward to this incredible programme through which this group of first-year students will have the opportunity of a lifetime to be true ambassadors of South Africa and, in particular, our university, as they leave for the USA," he said. - Lacea Loader

Staff from the various faculties and divisions at our university who participated in the selection process of the 71 students.

Our students were thoroughly prepared for the trip to the USA with, amongst others, help from the Department of Home Affairs and the USA Embassy with travel documentation and visas.





Qwaqwa colleagues learn from Taiwanese ambassador

Our Qwaqwa Campus had the pleasure of hosting the Taiwanese ambassador to South Africa, His Excellency Mr Chin-Ray Liu. The ambassador and his delegation visited our Qwaqwa Campus to launch a week-long Taiwanese Film Festival.

The Film Festival was aimed at strengthening cultural ties between Taiwan and South Africa.

"It is a privilege to be here in Qwaqwa, which reminds us of Taiwan, because both areas are beautiful and mountainous," said Mr Chin-Ray Liu.

"Through this Film Festival we want to share our culture with you and we also hope to learn from you. We have one of the purest forms of cultures in the world, which will be revealed in the films and documentaries that we will be watching," he said.

In response, Rev. Hosiah Nkoana, Deputy Director: Housing and Residence Affairs, detailed all the agricultural and educational advances that the Taiwanese people have made in the last 60 years.

"We can indeed learn quite a lot from the Taiwanese people. They have about 170 institutions of higher learning, yet Taiwan is more than 10 times smaller than South Africa, which only has 23 such institutions," said Rev. Hosiah. - **Thabo Kessah**

During the ambassador's visit to our Qwaqwa Campus were, from the left: Elizabeth Nchapi, Head: Finance; Prof. Riaan Luyt, Programme Head: Natural and Agricultural Sciences; Rev. Hosiah Nkoana, Head: Housing and Residences Affairs; André van Zyl, Programme Head: Humanities; and Dr Dipane Hlaele, Programme Head: Education.

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Correction:

The photograph of the lady at the "SIFE UFS builds strong personality" article was not Tsholo Thlomelang. The correct photograph and article is available on the *Dumela* on the website.

A BRAND-NEW department for our university

Our Faculty of the Humanities boasts a brand-new department in the form of the Department of Language Management and Language Practice (LMLP), which officially came into being on 1 July 2010.

"A completely new system was thereby inaugurated for the training of language practitioners in South Africa as a result of the combination of the proud traditions of two established disciplines at our university," explains Prof. Theodorus du Plessis, Head of LMLP.

Language Management as a field of study was developed by the Unit for Language Management (ULM), which had played a leading role in this field at national and provincial level since 1995. The ULM has now been dissolved and its recognised academic and research expertise will continue to be deployed in the new department.

Language Practice as a discipline goes back much further, however. It is a field of study that was initially developed in the Department of Near-Eastern Studies and which had subsequently come into its own as a fully-fledged discipline in the Department of Afro-Asiatic Studies, Sign Language and Language Practice (ASL) since 2002.

By combining these two disciplines, the LMLP aims to establish a totally unique and dynamic new approach to the teaching of language practice in South Africa.

"A student in our department will receive a training opportunity which does not exist anywhere else in this format," says Prof. Theodorus.

"We at the LMLP are convinced that we can deliver a new generation of students who will be able to hold their own in a post-2010 South Africa." - **Mangaliso Radebe**

Kovsies nog net so deel van Regter Hancke



Regter Faan Hancke.

Regter Faan Hancke gesels met Margaret Linstrom oor sy hoogtepunte as die vorige voorsitter van die UV-raad, en hoe Nguni's, reis en sy kleinkinders in sy toekomsplanne inpas.

As 'n mens 'n prentjie van 'n waardige heer moes skets, sou jy regter Faan Hancke met vrymoedigheid kon kies. Agter sy lessenaar in sy sonnige kantoor in die Hooggereghof in Bloemfontein is dit sy waardigheid en nederigheid wat jou eerste opval.

Vra 'n mens hom uit oor die hoogtepunte van sy dekade as Voorsitter van ons UV-Raad, antwoord hy dat dit waarskynlik die formidabele persone was wat hy ontmoet het as gevolg van sy verbintenis met ons universiteit. Hy lag met 'n bietjie selfspot: "Ek lei maar 'n eensame lewe hier (by die hof), want hier ontmoet ek mos net my kollegas en beskuldigdes." Onder die interessante persone wat hy ontmoet het, tel Nelson Mandela, asook topwetenskaplikes en -sakemanne.

Oor sy planne vir die toekoms sê regter Hancke dat hy nog by ons Fakulteit Regsgeleerdheid betrokke gaan bly met die opleiding van regslui. Dan is hy ook 'n deeltydse boer. Hy vertel trots van sy Nguni-stoet op sy plaas tussen Jagersfontein en Fauresmith. Tans boer hy "net op Saterdae" en is die "boerdery bietjie verwaarloos". Hy hoop om meer tyd hier deur te bring. Die 63-jarige regter vertel dat hy beplan om binne die volgende drie jaar af te tree. Dan wil hy en sy vrou, Benita, hulle liefde vir reis verder uitleef. Hul vier kinders en drie kleinkinders "verskaf ook vir oupa en oma baie vreugde".

En hoe voel die trotse oud-Kovsie oor die toekoms van ons universiteit? Regter Hancke antwoord sonder om 'n oomblik te aarsel:

"Ek het baie vertroue in die universiteit en sy mense, ook in die Raad en my opvolger, regter Ian van der Merwe, die bestuur en die Rektor. Dis 'n baie goeie universiteit en prof. Jonathan Jansen is 'n dinamiese persoon, 'n mens-mens, en 'n opvoedkundige in murg en been."

Oor die omstrede Reitz-voerval sê hy onomwonde dat dit 'n baie traumatische tyd was. Maar, beklemtoon die regter, integrasie is onafwendbaar. Op sy rustige, beredeneerde manier voeg hy by dat mense maar net die geskiedenisboek van die universiteit moet lees, want "daar is nijs nuuts onder die son nie. Probleme manifesteer hulleself net anders, maar die universiteit kom altyd sterker aan die ander kant uit."

High blood cholesterol and other lipids reduce life expectancy dramatically

In general our staff members are not well, compared to our peers at other universities as well as in industry.

Our Health and Wellness Centre hosted a drive to provide free medical tests to our staff members. To further sensitise our staff members to the risks of unhealthy living **Dr Louis Holtzhausen**, Head of Health and Wellness, tells us more about cholesterol.

It may surprise you to know that cholesterol itself is not bad. In fact, cholesterol is just one of the many substances created and used by our bodies to keep us healthy. Some of the cholesterol we need is produced naturally (and can be affected by your family health history), while some of it comes from the food we eat.

There are two types of cholesterol: "good" and "bad". It's important to understand the difference and to know the levels of "good" and "bad" cholesterol in your blood. Too much of one type – or not enough of another – can put you at risk for coronary heart disease, heart attack or stroke.

Cholesterol is a soft, fat-like, waxy substance found in the bloodstream and in all your body's cells. It's normal to have

cholesterol. Cholesterol is an important part of a healthy body because it is used to produce cell membranes and some hormones, and serves other necessary bodily functions. However, too much cholesterol in the blood is a major risk for coronary heart disease (which leads to heart attack) and strokes. Hypercholesterolemia is the medical term for high levels of blood cholesterol.

Cholesterol comes from two sources: your body and food. Your liver and other cells in your body produce about 75% of blood cholesterol. The other 25% come from the foods you eat.

LDL cholesterol is the "bad" cholesterol. When too much of it circulates in the blood, it can clog arteries, increasing your risk of heart attack, stroke and impaired circulation. LDL cholesterol is produced naturally by the body, but many people inherit genes from their mother, father or even grandparents, which cause them to produce too much. Eating saturated fat, trans fats and dietary cholesterol also determines how much cholesterol you have. If high blood cholesterol runs in your family, lifestyle modifications may not be

enough to help lower your LDL blood cholesterol. Everyone is different, so work with your doctor to find a treatment plan that is best for you.

Everyone aged 20 and older should have a fasting "lipoprotein profile" or "cholesterol test" every five years. This test is usually done after a 9- to 12-hour fast without food, liquids or medication. It provides information about total cholesterol, LDL (bad) cholesterol, HDL (good) cholesterol and triglycerides. Total cholesterol testing when a person is not fasting is also valuable as a screening test. Cholesterol and blood glucose levels can easily be measured with a simple finger-prick test.

- Please contact our UFS Centre for Health and Wellness at 051 401 2603 if you need more information.



FOTO: DRIES MYBURG

Een stryk vorentoe!

Deur Cindé Greyling

Sy het die skone Kaap vir Bloemfontein verruil ... Aanvanklik was dit 'n loopbaanbesluit, maar deesdae maak die mense dit die moeite werd. "Bloemfontein se mense gee opreg om vir mekaar. Hier is nie 'n berg of see wat hulle aandag aftrek nie," verduidelik sy liggend. "Daarom kuier hulle by mekaar!"

Op 20 Julie 2010 is die Odeion Simfonia amptelik aan Anmari van der Westhuizen oorhandig. Hierdie orkes wat in 1999 gestig is, is beslis in goeie hande.

Waar die Odeion Simfonia aanvanklik grotendeels uit professionele musikante bestaan het met studente in die agterbanke, gaan hulle nou 'n ander deuntjie sing.

"Die studente moet ook as leiers opgelei word en die voorste banke vul," verduidelik die senior lektrise by die musiekdepartement, wat self ook tjello speel in die Odeion Strykkwartet. "Daar is ook nie regtig plek vir soveel orkeste in Bloemfontein nie. Dit maak dus meer sin om die twee orkeste te combineer." Wat ook goeie nuus is vir die professionele spelers, want hulle tyd bly maar min.

Voor dié wêreldklas tjellis in 2008 in Bloemfontein nes geskop het, het sy meer as net 'n Kaapse draai gemaak. "Ek was vir agt jaar in Oostenryk waar ek in orkeste en ook as solis gespeel het. Daar is soveel geleenthede daar, en klassieke musiek word deur die staat ondersteun. Dis in Oostenryk is amper soos rugby in Suid-Afrika. Wanneer jy daar

met jou tjello in die straat afstap, weet almal wat dit is. Hulle dink byvoorbeeld nie dis 'n groot kitaar niel!" gesels Anmari oor haar tydjie daar. Hoewel dit soveel moeiliker is om 'n loopbaan in klasieke musiek in Suid-Afrika te volg, is sy gelukkig hier.

"Die pos wat ek by Kovsies gekry het, is maar een van twee in die land!" skets sy verder die stand van klassieke musiek in Suid-Afrika. "Maar hier is tog geleenthede, veral wat onderrig betref. Daar is so 'n groot behoefte aan opleiding, veral onder die swart skoolkinders." Alles gaan nie altyd oor geld nie, meen Anmari, as jou hart nie is in wat jy doen nie, gaan jy nooit gelukkig wees nie. As daar nie geleenthede is nie, skep dit!

Hoewel sy nie noodwendig haar eie kinders sou aanmoedig om 'n loopbaan in klassieke musiek te volg nie, het nie een van die drie haar talent vrygespring nie! "Hoe kon hulle? Hulle het mens geword onder die gewig van die tjello teen my maag!"

Anmari, haar man en kroos sal beslis nog lank in Bloemfontein blom. Hoe dan nou anders? Met so 'n passiewolle vrou en ma?

Anmari van der Westhuizen.



Rekenaarkamers in UV-koshuise aangebring

Studente aan ons universiteit sal binnekort toegang hê tot rekenaarlokale ten bedrae van R7,2 miljoen in die koshuise. Hierdie lokale sal sommer in slaapklike en pantoffels benut kan word.

Rekenaarlokale is reeds by 16 koshuise op ons Hoofkampus ingeruim. Twee koshuise het elkeen twee ruimtes gekry weens 'n gebrek aan groter ruimtes. 'n Sewentiende lokaal is reeds in beplanning en konstruksie sal in die nabye toekoms 'n aanvang neem.

Louis Badenhorst, Projekbestuurder: Fisiiese Beplanning, sê die inrigting van lokale in die koshuise is 'n groot stap deur ons universiteit om tegnologie binne bereik van sy studente te plaas en hulle sodoende te bemagtig om nie alleen hulle studies suksesvol te voltooi nie, maar ook toe te rus vir die beroepslewe wat op hulle wag.

Die rekenaarlokale maak voorsiening vir ongeveer 185 rekenaars wat deur ons studente benut kan word. Die herinrigting van die lokale het behels:

- Nuwe matteëls, hangplafonne, blinders asook verf van mure, vensters, deure, deurrame, ens.;
- Nuwe werksblaie, rekenaarstoelle en rekenaars;
- Datakabels en lugversorging; en
- Elektriese installasie bestaande uit vloerlyste vir kragkabels en nuwe ligtoebehore.

Sekuriteit in die vorm van diefwering, sekuriteitshekke, sekuriteitkameras en toegangsbeheer word tans aangespreek. - Leatitia Pienaar



Hoop jy jou pensioengeld oorleef jou?

Waarvoor jy ookal hoop, maak seker dat jy die regte plan daarvoor inspan. Ek kan jou deur die besluite lei wat jou finansiële toekoms sal beïnvloed. Met Sanlam se omvattende portefeulje oplossings kan ek voorstelle maak oor wat jy werklik nodig het.

- Spaar en beleggings
- Persoonlike dekking
- Aftreevoorsiening
- Testamente en trusts
- Voorsiening vir jou kinders se opvoeding

Bel my vir deskundige advies, aangevul deur korttermynversekerings en selfs belastingontleding as dit nodig is.

Ben Opperman

Senior Onafhanklike Finansiële Beplanner
051 407 8156
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Sanlam CIO01MS0777BPA

GELISENSIEERDE VERSKAFFER VAN FINANSIELE DIENSTE



Musiek + Syfers = Prof. Dave

Vir baie van ons is die 24 uur in een dag nie genoeg om al ons pligte na te kom nie. Dan is daar nie naastenby genoeg tyd vir stokperdjies nie. Iemand wat egter daarin slaag om al sy talente onder die spreekwoordelike maatemonder uit te lig, is ons eie prof. Dave Lubbe.

Prof. Dave, wat by ons Sentrum vir Rekeningkunde werk, was die eerste persoon in Suid-Afrika wat 'n Doktorsgraad in Ouditkunde behaal het. Ons ken hom ook as die man wat sy swart gordel in karate inspan om selfverdedigingsklasse aan te bied. 'n Ander en baie indrukwekkende titel kan egter nou agter sy naam geskryf word, danksy die feit dat hy die gewilde gesinstydskrif *Huisgenoot* se lirieke-afdeling van die Tempo-Huisgenoot-kompetisie gewen het.

Prof. Dave het met sy liedjie Wense die beoordelaars oorrompel en die gewilde sangeres van Namibië, Nianell, het dadelik ingestem om die lirieke te toonset en op te neem. Nianell sê sy het prof. Dave se lirieke baie maklik getoont. Volgens haar het "die woorde hul eie wysie gekies".

Prof. Dave is baie opgewonde oor die sangeres en wat sy met die lirieke gedoen het. Toe hy sy lirieke vir die kompetisie ingeskryf het, het hy gehoop dat die beoordelaars sal besluit om haar te versoek om die liedjie te sing indien hy sou wen (daar sal besluit word om die liedjie aan haar toe te skryf). "Nianell het 'n ongelooflike stem en ek het al haar CD's," sê hy.

Maar waar kry iemand met 'n kop vir syfers inspirasie om te dig en lirieke te skryf? "My gunstelingdigter is definitief Elisabeth Eybers." Hy sonder ook die gewilde N.P van Wyk Louw en sy broer, W.E.G Louw, se werke uit. Sy gunstelingsanger en -liedjieskrywer is sonder enige twyfel Koos du Plessis.

Prof. Dave se suster, Magda van der Merwe, het verlede jaar die lirieke-afdeling van die kompetisie gewen. Sy het haar broer vanjaar aangemoedig om ook in te skryf. Dit is duidelik dat die musikale gene in die Lubbe-familie loop. Prof. Dave vertel dat sy oupa tydens die Boereoorlog liedjies geskryf het. Sy pa het konsertina en kitaar gespeel en vandag skryf sy seun en dogter ook liedjies.

Daar is min mense wat daarin slaag om beide die regter- sowel as die linkerkant van die brein suksesvol in te span. Ons prof. Dave is 'n sprekende voorbeeld van hoe suksesvol dit gedoen kan word. Met musiek en digkuns aan die een kant en Rekeningkunde aan die ander beloof prof. Dave om ons universiteit nog baie trots te maak. - Lize du Plessis

Talk to me

Soon after Prof. Jonathan Jansen had been appointed as our Rector and Vice-Chancellor in 2009, he started organising his now ever-popular Talk to me sessions with staff as well as students.

It is a known fact that Prof. Jonathan has an open-door policy. At the Talk to me sessions he invites all students and staff members to come and talk to him about any issue. Our Rector looks them in the eye, listens and tries his very best to solve whichever obstacle is to be faced.

Prof. Jonathan recently decided to take a new approach to these sessions. Staff and students were now given separate dates to meet him, get to know him and discuss issues with him. With this new approach intact; early one shivering Monday morning, staff members queued to share a few precious moments with Prof. Jonathan.

Molemo Mohapi, Manager of Learning Spaces at ICT Services, believes these sessions are a great initiative because Prof. Jonathan gets to know the person behind the staff member. The head coach of our rugby team, the Shimlas, is also very impressed with the initiative. "It is important to feel that someone in the desert is listening to you. When that someone is from Top Management, it is just so

much better," he says. He also feels that it is crucial for every staff member to voice his or her opinion. Later this year Prof. Jonathan will also visit our colleagues at the Qwaqwa Campus.

The very first Student Breakfast was also held a while ago. Ten students got the opportunity to have breakfast with our Rector in his office. They all sat down, enjoyed a wholesome meal and discussed issues our students are facing on a daily basis.

When leaving Prof. Jonathan's office after the breakfast, the ten students seemed inspired and ready to face whatever challenges were waiting outside. Looking at their beaming faces as they left, it became clear that the students enjoyed swimming in our Rector's pool of knowledge.

Prof. Jonathan sees these sessions as crucial in order to shorten the distance, albeit physical, emotional or spiritual, between his office and the heart of a staff member or a student. "For me, it is much needed to know how a colleague's head works. To know how his heart beats is crucial," he says.

The Talk to me sessions are regularly held on our Main Campus. This special opportunity to talk to our Rector can most certainly not be missed! - Lize du Plessis





Eoné blink uit in ruitersport

Perduithouritte is een van die vinnigste groeisoorte in Suid-Afrika, en 'n Kovsky-student is aan die voorpunt hiervan. Eoné Willemse, 'n B.Sc. Vekundestudent aan ons universiteit, neem nasional en internasional deel aan perduithouritte. Sy het al vier ritte in Botswana en twee in Namibië voltooi. Eoné het al sover as Nieu-Seeland en Amerika, waar sy tien ritte voltooi het, gereis. Van die toekennings wat sy oorsee verwerf het, sluit pryse vir beste kondisie in. Eoné leef haar passie vir perde al van die ouderdom van ses af uit. In 2002 het haar gesin na Bloemfontein verhuis waar hulle op 'n wildsplaas bly. Hier was sy en haar suster in beheer van die afrigting van hulle perde.

Eoné saam met Shammi, 'n perd waarop sy al internasionale ritte voltooi het.

Vanjaar het Eoné besluit om 'n jaar van haar studies af te vat om vir die Wêreldkampioenskapsreeks vir Ruitersport in September voor te berei. Sy beplan ook om in Oktober aan die Amerikaanse Nasionale Kampioenskapsreeks deel te neem. Volgende jaar sal Eoné die finale jaar van haar studies aan ons kampus hervat, wat sy dan teen die einde van 2011 sal voltooi.

Eoné leef volgens haar pa, prof. Johan Willemse, 'n professor vir Landbou-ekonomiese op ons kampus, se leuse: "Wees die beste wat jy kan wees – doen dit van die begin af al reg." – **Ula van Zyl**

UV: rugbyfabriek vir die Sewemankode

Ons universiteit is vinnig besig om die Suid-Afrikaanse rugbyfabriek vir die Sewemankode te word. Nie minder nie as vyf huidige en oud-Kovsies het vanjaar vir die Blitsbokke, soos die Suid-Afrikaanse span bekend is, uitgedraf. Dis meer as enige ander universiteit.

Met dié sportsoort wat vroeër vanjaar 'n Olimpiese sport geword het, behoort Sewes se profiel oor die volgende ses jaar aansienlik te groei. Rugby sal in 2016 (ná 'n afwesigheid van 92 jaar) sy terugkeer na die Spele maak, hierdie keer in die vorm van Sewes.

Eers het Hoffman Maritz en Philip van der Walt in die derde been van die Internasionale Sewesreeks (daar is agt toernooie in 'n reeks) in Wellington, Nieu-Seeland hul debuut gemaak. Daarna was dit Chris Dry se beurt om in Adelaide, Australië die Groen en Goud oor sy kop te trek. Die oud-Shimla JW Jonker was ook hier in aksie. Neil Powell, nog 'n oud-UV-student, was die afgelope seisoen die span se kaptein, hoewel hy weens beserings min gespeel het.

In die 2008/09-seisoen, toe Suid-Afrika die eerste keer die Internasionale Seweskroon verower het, het Philip Snyman en Robert Ebersohn albei sleutelrolle vertolk. Hulle het in sewe van die agt toernooie gespeel. By die toernooi in George in 2008, wat Suid-Afrika die eerste keer verower het, is Ebersohn as die speler van die

toernooi aangewys.

Die Blitsbokke was teen druktyd aan die voorberei vir die Statebondspele in Indië in Oktober. Die groep is einde Augustus aangekondig. Vyf Kovsies – Riaan Britz, Jean Cook, Boom Prinsloo, AJ Coertzen en Maritz – was deel van dié oefengroep.

Prinsloo is vanweë sy indrukpende spel in die Varsitybeker (waarvan hy die speler van die reeks was) nadergetrek.

'n Sesde speler, Hanno Pieterse, was ook genooi, maar mos hom ontrek. William Small-Smith, wat volgende jaar 'n Kovsie word, is reeds 'n nasionale Seweskontrak vir 2011 en 2012 toegeken.

Volgens Jaco Swanepoel, afrigter van Shimlas wat ook baie sukses op skolevlak (Grey-kollege) as breier behaal het, sê die rede hoekom Shimla-spelers so in aanvraag is, kan toegeskryf word aan hoe spelers in die Vrystaat geleer word om rugby te speel.

In Sewes word die klem daarop gelê om eerder óm 'n speler te hardloop, in plaas van bo-oor hom. "Met die manier hoe ons by Shimlas oefen, slyp ons onbewustelik daardie vaardighede. Ons hou van vinnige en vaardige spelers.

"Die tipe spelers wat by ons speel, pas net soveel makliker by Sewes aan; dit kom as't ware natuurliker," sê Jaco. – **Ruan Bruwer**



Philip Snyman.



Facilities: Internet, fax & photocopy facilities • Playground for children • Tea & coffee facilities
Bar & lounge with fireplace • Lapa, braai area and swimming pool • Credit card facilities

AANDMUZIK GUEST HOUSE

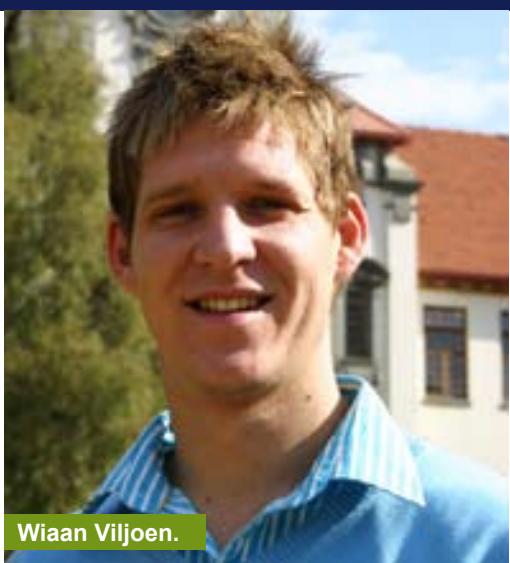
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Contact : Stella Theron - 082 447 90 53

18 Dreyer Street, Universitas
WALKING DISTANCE FROM UNIVERSITY
& VODACOM PARK



Wiaan Viljoen.

PHOTO: LEONIE BOLLEURS

Hy slaan 'n barshou op die pluimbalbaan. En dit is ook nie sedert gister wat Wiaan Viljoen, een van ons beste pluimbalspelers hier by Kovsies, hierdie vinnige raketsport beoefen nie. Reeds op sewearige ouderdom het hy en 'n maat 'n paar pluimpies gaan slaan. 'n Afrigter het Wiaan se talent vroeg raakgesien en die res is soos hulle sê: geskiedenis.

Vandag speel Wiaan nog steeds, omdat die sport lekker is en ook omdat hy goed presteer. Sedert hy op sewe begin speel het, het Wiaan se spel net verbeter. Op twaalf speel hy vir die o.14-Vrystaatspan en op sestien word hy in die Suid-Afrikaanse o.16-span ingesluit. Op

Uitstekende spel 'n pluimpie vir Wiaan

negenatten gaan verteenwoordig hy Suid-Afrika met sy groen en goud tydens 'n toernooi wat in Indonesië aangebied word.

Indonesië was maar slegs een van 21 lande waar Wiaan voet aan wal gesit het. "Dit is 'n groot hoogtepunt en eer om Suid-Afrika in soveel lande in sport te verteenwoordig," sê Wiaan. Van die lande waarin Wiaan kon speel, sluit in Japan, Italië, Duitsland, Engeland en dan ook nou meer onlangs, Frankryk. Aan die einde van Augustus vanjaar is Wiaan genooi om aan die 2010 Wêreldpluimbalkampioenskapreeks in Parys, Frankryk te gaan deelneem. Hier het hy saam met Dorian James van die Westelike Provinse in die mansdubbel spel meegeding.

Oosterse lande het die grootste indruk op Wiaan gemaak. "Hier is sport die grootste. Jy speel letterlik voor 10 000 mense. Dit is 'n ongelooflike ervaring, maar ook baie intimiderend. Omdat ons nie gewoond is aan sulke groot skares vir pluimbal in Suid-Afrika nie, verloor jy maklik, net omdat dit so orweldigend is."

Maar Wiaan het hoop wat betref groter skares langs ons Suid-Afrikaanse pluimbalkbane. "Ons wil graag pluimbal 'n skoolsport maak deur dit onder skole te

bemark. Dit sal die eerste stap wees om meer lede vir pluimbal te werf," sê Wiaan.

Om vroeg te begin is ook volgens Wiaan deel van die resep tot sukses in hierdie sportsoort. "Kry dan ook tegniek en die regte voetwerk onder die knie, en jy is halfpad daar. Wanneer jy gaan speel, neem soveel mense moontlik saam. Moet ook nie vergeet om dit te geniet nie," deel Wiaan die laaste van sy geheim tot sukses met ons.

Wanneer Wiaan nie in die een of ander land speel nie, sal jy hom vyf dae 'n week in die gimnasium aantref. Hy glo aan 'n holistiese benadering waar krag- en kardiovaskuläre oefening, baanwerk, tegniek en die regte dieet nodig is om by te hou by hierdie vinnige sport.

Enige sporthelde? "Gewoonlik die sportman wat baie goed presteer, maar ek skree tog harder vir die 'underdog' – soos Caster Semenya. In sport is dit die desperaatste ou wat gewoonlik die beste presteer," sê Wiaan.

Wiaan is egter geen "underdog" nie. Daar is darem nog tyd vir ontspan, soos om sy sportydskrifte te lees, saam met vriende te kuier, te fliek, asook om in die gimnasium uit te hang ... - Leonie Bolleurs



Blind student at our university achieves remarkable success

Esté Kemp, a fourth-year student at our university, has been invited to join the UFS chapter of the prestigious Golden Key International Honours society. This achievement is all the more remarkable due to the fact that Esté is blind.

The Golden Key International Honours society is an international non-profit organisation that honours students that excel academically. It was established in 1977 in the United States and currently involves students from 350 universities across the world as well as all the major universities in South Africa. The aim of the society is to enable the top 15% of academic achievers at member universities to realise their full potential by connecting their individual achievements with services and opportunities such as international academic recognition, career assistance and networking, access to scholarships and rewards, leadership development and specific chapter activities.

Thus it is no small feat to obtain membership of such an illustrious organisation, and doubly so for a student with Esté's disability. Recognition, by being invited to join the Golden Key society at the beginning of this year, comes after years of superb academic results that Esté obtained during her studies. Esté, who originally hails from

Pretoria, currently studies at the university after graduating from the Prinshof School, also in Pretoria, in 2003. Now in her fourth year of study, she is studying towards a BA general degree, taking amongst others Afrikaans, English and

Esté Kemp.

Sesotho as subjects. When asked about what she plans to do after her studies are completed, Esté says that she would like to teach Sesotho one day as well as work as a translator and possibly do some missionary work, using the skills she learned while studying. The recognition that joining the Golden Key society brings is very special to Esté. She says that it is a privilege and an honour to be invited to join the society and gives praise to God for all that happened. She hopes that her achievements will serve as an inspiration to other students, especially those with disabilities, adding that, *"People should never just give up and must use challenges and problems as motivation to fight even harder to achieve their dreams."*

Esté's achievement is also a triumph for the staff at our universities' Unit for Students with Disabilities. The unit currently serves approximately 120 students full-time as well as a varying number of students when specific needs arise throughout the year. The Head of the unit, Hetsie Veitch, said the following of Esté's achievement: "We are extremely proud of Esté but also of all our other students who achieve amazing things every day that many people may take for granted." She also stressed that the students obtain the same degrees as the other students on campus. The goal of the unit is to provide students with the tools to study and obtain degrees; not to do it for them or to grant any special favours. The unit currently consists of seven full-time staff members as well as volunteers that assist with the running of the unit. Persons interested in doing volunteer work are welcome to contact the centre for further information. - Christiaan van der Merwe

"People should never just give up and must use challenges and problems as motivation to fight even harder to achieve their dreams."



PHOTO: CHRISTIAAN VAN DER MERWE



Address block

Alles is moontlik!

Personnel welfare strives to improve welfare among staff on campus. This welfare initiative at our university helps staff to make good choices through various interesting programmes. Last year, staff already had the opportunity to attend a programme on stress management, ethics in the workplace and entrepreneurship.

Personnel welfare has recently organised a successful ladies' breakfast. Dolores Laubscher from HDL-jewellersware and Jackie Ntshingila, one of our MBA Alumni top achievers, inspired the ladies with their life stories. Listen to them and you will see that they have a passion for what they do. Both women have made a significant contribution to this success.

Dolores has chosen to be a role model for the future and Jackie has been inspired by the topic: **Alles is moontlik!** - Leonie Bolleurs



Foto: LEONIE BOLLEURS

By the ladies' breakfast were, from left: Hesna Rheeeder of PriceWaterhouseCoopers and representative of the opportunity; Nini Thabatha of Finances; Dolores Laubscher of HDL-jewellersware; and Arina Otto of Personnel Welfare.

Bultjie Rhino horn and sparks will fly!

Soos Bultjie voorspel het, was die Volksblad Kunstfees toe weereens 'n dawerende sukses en het ons universiteit op die koop weer ongelooflike positiewe publisiteit bygekry. Die organiseerders en kunstenaars doen hulle ding en vele berigte verskyn hieroor. Die beste performance van die hele fees was Sekuriteit! Geen enkele kriminele incident het plaasgevind nie. Ook nie met die menigte mense hier op kampus tydens die Fifa-sokkerwedstryde nie! 'n Staande ovatie vir Kampusekureit! Lyk my ons gaan al veiliger voel met meer ligte wat op kampus en by Mooimeisiesfontein, Welwitschia en Vergeet-my-nie aangebring gaan word. Nadat die Wynand Mouton-teater en die nuwe parkeerplekke op die terrein van die ou botaniese tuin verry het, is daar wragtag omtrent geen donker plek meer oor vir studente om te vry nie! Ons moet tog onthou dat ons volronde studente moet ontwikkel!

So van vry gepraat, ek lees prof. Paul Grobler en Karen Ehlers doen ernstige navorsing oor renosterhoring. So 'n vinnige besoek aan die internet toon dat 'n mens

renosterhoring sommer so van regoor die wêreld kan bestel. Uit Kameroen moet jy sewentien kartonne op 'n slag bestel. Georgio in Griekeland spog met vier horings in perfekte kondisie. 'n Ou in Suid Afrika het 'n 39,2-kilogram horing wat al die nodige wetlike dokumente ook sal toon by navraag. En dit alles oor bygelofies! Renosterhoring het geen mediese waarde nie, mense. Los die diere uit! In 1987 het Sheeline, Martin en Vigne al beskryf dat net in die 17 jaar tussen 1970 en 1987 die bevolking van 70 000 tot 11 000 gedaal het.

Bultjie hopes that the two UFS researchers will contribute to stop the massacre. I mean, Dr Raj Amin at the Zoological Society of London confirmed that rhino horn contains no medical properties. "Medically, it's the same as if you were chewing your own nails." That is probably what parents of potential first-year students are doing right now. Admission requirements move up to 30 credits from 2011. Let's hope that lecturers will then stop chewing their nails. I mean, the effort to get students with less marks in Grade 12 through the system impacted badly on the stress

levels of staff in the past. You all read the statistics on that. Take care of yourselves, Colleagues!

Die proses om krag op kampus te bespaar met die vervanging van meer effektiewe gloeilampe vorder mooi. Bultjie dink nog steeds ou Thomas Edison, die briljante ontdekker van elektrisiteit, het 'n slim plannetjie gehad. Kyk, dit werk so! Hy verander die enkelstroom elektriese stroom na twee. Sy maatskappy stuur krag met die een draad na jou huis toe en hy kry die krag weer onmiddellik terug na hom toe met 'n ander draad! Dan stuur hy dit weer terug na jou huis toe met die eerste draad en kry dit met die tweede draad weer terug. En so hou dit aan en aan en jy betaal hom (en nou vir ESKOM) daarvoor.

My argument is that an electric company can sell a customer the same batch of electricity thousands of times a day and never get caught, since very few customers take the time to examine their electricity closely. In fact, I think the last year any new electricity was generated was in 1937!

Men like Edison and Franklin and ESKOM today, to my mind receive almost

unlimited benefits from electricity. But we all do and science did benefit over the years. For example, in the past decade scientists have developed the laser, an electronic appliance so powerful that it can vaporise a bulldozer 2 000 yards away, yet so precise that doctors can use it to perform delicate operations to the human eyeball, provided they remember to change the power setting from "Bulldozer" to "Eyeball!"

Bultjie's son, who studied engineering, tells me I'm totally mad and should not teach at a university at all. Apparently I do not even understand the basics of electricity. He must remember who paid for his studies! And I've got a Will to draw up soon. The problem is that Mommy agrees. According to her I do not understand a few other basic things as well, to give but one example. How can I not understand that, if she buys with a specific credit card at a certain chemist, she gets a bonus back at the end of the year? Not money, oh no! "But you can buy some more things with that credit at the same chemist!" I give up!

Sparks from house to house!